

ARCHDIOCESE OF WASHINGTON LADIES OF CHARITY NEWSLETTER

"To Serve Rather Than To Be Served"
In Humility, Simplicity & Charity

VOLUME 3, ISSUE 4

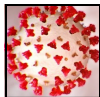
JULY 2020

ANNUAL POLAR BEAR PLUNGE



The Calvert County Ladies of Charity was the recipient of the proceeds from the Polar Bear Plunge in North Beach, MD .

(continue on page 15)



VINCENTIAN LEADERS TRAVEL TO ROME

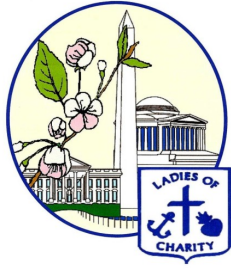


Fr. Mike Barth, S.T. was able to gift Most Holy Father Pope Francis a copy of the biography of Fr. Judge, "Every Catholic an Apostle."

(continue on page 6)

INSIDE THIS ISSUE!

- Daughters of Charity Affirm "Black Lives Matter"
- LOC Food Pantries Work During Pandemic
- PG County LOC Induct New Members
- St. Matthias LOC Annual Retreat
- ADW LOC 2020 Patron List Fundraiser
- Town of North Beach Praise Calvert LOC
- AIC Continues Work During Pandemic
- Dedication of Frederic Ozanam Mosaic
- "Prayer of Hope" for COVID-19



ADW LADIES OF CHARITY 2020 - 2022 BOARD OF DIRECTORS



SPIRITUAL LEADERS

Spiritual Advisor

Rev. Michael Barth, S.T.
gencust@trinitymissions.org

Vincentian

Spiritual Moderator

Sister Claire Debes, D.C.
Claire.debes@doc.org

Lay Vincentian

Spiritual Moderator

Arlene Taylor
atay1459@comcast.net

BOARD OF DIRECTORS

President

Deborah "Debbie" Self
yourselfs@aol.com

Vice President

Jamila Stone
jamilastone@aol.com

Recording Secretary

Donna Fisher
Starr7564@verizon.net

Treasurer

Mary Ann Tretler
mary_tretler@yahoo.com

Corresponding Secretary

Robin Hutchinson-Cole
robinphc2@gmail.com

Immediate ADW

Past President

Viola Johnson-Robinson
swmother1@gmail.com

Junior LOC Co-Moderator

Beverly Motley
cbm460@aol.com

Historian/

Junior LOC Co-Moderator

Gloria Rose
Gmrose128@verizon.net

LCUSA Middle Atlantic

Region Director

Deborah "Debbie" Self
yourselfs@aol.com

Newsletter

Editor/Layout Design

Website Manager

Toni K. Gaines
tkgaines@msn.com

Newsletter

Distribution Manager

Jacqueline Bates
JackieWBates@verizon.net

AREA PRESIDENTS:

Calvert County

Ann Klein
tylerstackle@gmail.com

District of Columbia

Bertha Guerra
Bertha53151@aol.com

Montgomery County

Maryann Rooney
macroon4@yahoo.com

Prince George's County

Marie Turgeon
matlocpgc@gmail.com

Message From The President



Well, what else should I write about, all we hear every day is COVID-19, COVID-19. So,

C = Charity: We see Christ in the face of the poor and sick with the virus.

O = Opportunity: Despite the quarantine, we find ways to help others.

V = Volunteers: We keep going no matter what.

I = Important: We remain a valuable asset to the community.

D = Dedication: We continue to be faithful to the mission of St. Vincent and St. Louise.

We have 17 units, with 429 Ladies in our ADW groups. Even though we cannot meet in person, we always find ways to see each other to do considerable work. The virus has its own strain and distresses thousands of people. We are blessed to be able to work together and hopefully keep others from the virus.

Be safe, wash your hands, keep your distance of 6 ft. Wear a mask and stay-at-home, if not feeling well. My prayers are with you all. Thank you for all you do.



In Vincentian Spirit,

Deborah Self

Deborah "Debbie" Self

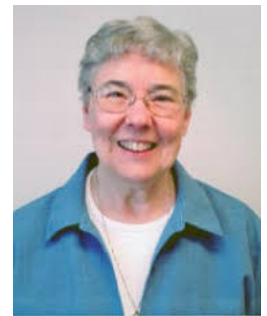
2018-2022 President

ADW LOC Board of Directors

During this pandemic, most of us have had a great deal more time to ourselves as we "social distance" from family members, neighbors, friends, parish, city, country and world. Hopefully, this time has brought us to pray more, to appreciate small acts of kindness from family members and friends. The ability to find God in the midst of this reality brings us closer to our founders who found God in the concrete moments of life.

St. Elizabeth Ann Seton once said, "Hope always awake whispers mercy in the future as sure as the past." I love this quote of Elizabeth Seton and reflect on its meaning from time to time. Even as we are able to get back to at least some of our normal life, it appears that life will not be our "old normal" but a "new normal" so I encourage you to take some time to reflect on these words of Elizabeth Seton and reflect on how you can find God in each moment of each day but also to do this in a hope-filled manner.

The biblical definition of Romans 8:22-27 reads: Hope is a firm assurance regarding things that are unclear and unknown. Hope is a gift that changes the life of those who receive it. We need this virtue now in our world. We may become anxious about COVID-19. We may forget to reach out to others. We might forget that God is with us through all of this.



Sr. Claire Debes, D.C.

ADW LOC

Vincentian

Spiritual Moderator

Let's remember that God's tender mercy will be in our future, of this we can be abundantly sure! God is ALWAYS PRESENT. God has promised us this! It is only in the real world that we encounter God. We have had mercy in our past.



***Take time to pray with the ways that
mercy has been present to you throughout your life.***



***Take time to express gratitude for those moments and pray for the wisdom to see the ways that you can
continue to be aware of God's presence and his mercy in your present life.***

***Take time to see the future as possibility! In what ways can you partner with God to make a better future
for those you serve as a Lady of Charity even in this our new normal time.***

"rejoice in hope of the glory of God" (Romans 5:2)

***May "the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit
you may abound in hope." (Romans 15:13)***

DAUGHTERS of CHARITY OF ST. VINCENT DE PAUL, USA



June 5, 2020

Statement on the Death of George Floyd

We, the Daughters of Charity of St. Vincent de Paul USA, unite our hearts, voices, prayers, presence, and action with those of people of goodwill around the globe in affirming that black lives matter.

We. Are. Outraged.

The charity of Christ impels us to speak out, as yet another black man has died at the hands of law enforcement. Actions by those in authority in our law enforcement system reveal again and again a broken system of chronic racism that hurts humanity.

We call for an immediate cessation of racist actions against people of color by all in positions of authority including all levels of law enforcement, legal systems, and governments. We call for national systemic change eradicating racism and eliminating white supremacy and white privilege.

We. Are. In solidarity.

When a sister or brother begs for help, begs for life, begs for air, begs to be released, and ultimately succumbs to death due to asphyxiation, we all symbolically suffocate. Our hearts ache with sorrow for Mr. Floyd's friends and family, some still too young to comprehend the magnitude of the appalling circumstances resulting in their father's unjust and agonizing death at the hands of out of control law enforcement.

We applaud Minnesota Attorney General, Keith Ellison, and the Minnesota legal system for taking firm action to indict all four officers involved covertly or overtly in the death of our brother, George Floyd.

We. Are. Committed to Action.

As women given to God, in community, to serve Christ in the those who are poor, we pledge to confront racism within ourselves and where we encounter it. We pledge to live Catholic Social Teaching. We join with others in the faith community in acknowledging our own complicity in institutional racism and we ask forgiveness of our sisters and brothers of color. We pledge to join others in building the Kingdom of God.

***"We must love our neighbor as being made in the image of God
and as an object of His love." St. Vincent de Paul***

###

The Daughters of Charity of St. Vincent de Paul of the United States of America comprises two Provinces of nearly 500 sisters serving in social services, prison ministry, health care, education, immigration, prevention of trafficking, and more.

FOOD PANTRY HELPING FAMILIES DURING COVID-19 PANDEMIC



*Lucie Shepherd
checking registration*



*Juan Stevens
bagging produce*



*Joan Jackson
preparing bags*



*Juan Stevens
distributing food*

The Ladies of Charity of Our Lady of Perpetual Help Church along with their Pastor, Very Reverend Michael Thompson, S.S.J. volunteer in the food pantry every Thursday from 9:30 AM — 1:30 PM. The pantry is open to the community from 10:30 AM — 12:30 PM.

On an average, the volunteers provide food for approximately 150 persons per week. However, during the recent COVID-19 coronavirus pandemic, there has been an upsurge in the need for food. Since the pandemic, approximately, 350 persons are being provided food weekly. The demand is high due to loss of employment and the CDC stay-at-home lockdown to try and control the virus. Families are really suffering.

Typically, each family receives food for at least 3 days. The average number of persons in a family is four. They receive fresh produce, meat, non-perishables (canned vegetables; cereal; milk; pasta; tuna; soup; canned fruit; peanut butter/jelly; rice; beans); and, bread/baked goods, if available. The food pantry has become a lifeline for the community, but resources are dwindling. With prayer, faith and hope — God will provide.

Submitted by: Toni K. Gaines



*Fr. Mike Thompson-Pastor
helping clients with bags*



*Ronald Duell, Joyce Williams
& James Jackson helping client*



*Client
receiving food*



*James Jackson
helps client with bags*

LEADERS OF THE VINCENTIAN FAMILY TRAVEL TO ROME



Fr. Mike Barth, S.T. addresses his Cenacle Family in a letter to his brothers, as follows. . .

Dear Brothers,

May the grace and peace of the Holy Spirit be with us forever.

I shared with you last month that myself, Fr. Raphael and Pat Regan would be attending, in Rome, a gathering of the global leadership of the Vincentian Family. Now that we have returned, I want to share with you some insights from this gathering and my thoughts on how we should move forward.

Gathering with the leaders of over 95 of the more than 120 branches was both stimulating and challenging. Like us, many of the

branches gathered were not founded by St. Vincent de Paul or St. Louise but by followers of Vincent, those moved by his charism and spirituality, like Fr. Judge. Each branch, following their own unique charism, is living the larger charism in unique ways. There was no attempt to try to merge these unique charisms but rather invite those gathered to collaborate, in the spirit of St. Vincent, becoming an enormous power for good in the world for the alleviation of poverty. The lay branches gathered, the MCA in the person of Pat Regan, have and will continue to play a most vital role in moving both our own and the larger Vincentian charism forward into the future.

My takeaway from the gathering is a desire for us to move closer in our relationship to

(continue on next page)



(l to r) Fr. Mike and Fr. Tomas,
Superior General of the Vincentians

the Vincentian Family. This does not diminish us or the unique contribution we have to offer. The Vincentian Family is proud of us and desires to embrace both the legacy of Fr. Judge and the unique vision he had of St. Vincent's call to us and our Cenacle Family. The Council and I will look at ways that we can, both on the national and local level, be more intentional in our connections and possible collaboration with the Vincentian Family. I encourage you, on the local level, to investigate and be open to ways in which you may move this forward on our behalf.

Some other highlights of the visit to Rome were the opportunity I had to have a private visit with Pope Francis. I was able to gift him a copy of the biography of Fr. Judge, "Every Catholic an Apostle", ask him for prayers for each of us and our donors and to pray for our centennial efforts. While assuring me of his prayers and blessing he did ask us all to pray daily for him. In addition to this, both Raphael and I were able to celebrate Mass one day at the Tomb at St. Peter – thanking God for each of you, and again praying for our benefactors and vocations.

At the closing of the Conference, Fr. Tomas, the Superior General of the Vincentians, presented each of the Superiors gathered a relic



(l to r) Fr. Raphael and Fr. Mike at the Tomb of St. Peter

of St. Vincent de Paul. This will be placed at the Generalate in Maryland as we ask St. Vincent to guide us in our efforts to preserve the faith, lift the poor and be that lamp where the fire is kept.

I am grateful for this opportunity, not only for myself, but for our Cenacle Family and look forward to opportunities to further collaborate within our own family as well as the Vincentian family. Please keep this all in your prayers.



Relic of St. Vincent de Paul

In the Most Holy Trinity,
Michael K. Barth, S. T.
General Custodian

ST. HUGH/GREENBELT COMMUNITY GROWS STRONGER DURING COVID-19

Submitted by: Mary Ann Tretler—President, St. Hugh LOC

The St. Hugh Ladies of Charity were determined to keep providing food to those in need in the greater Greenbelt area throughout these challenging times. When the “stay at home” order was issued by Gov. Larry Hogan, the St. Hugh LOC members talked with their pastor, Fr. Walter Tappe, to review the order. The order indicated that charitable organizations were exempt and volunteers could continue to provide services, i.e. food pantries to the community. Fr. Walter said “you need to stay open because the community needs our pantry more than ever now.” The St. Hugh Pantry distributes food through the rectory staff Monday through Friday, 9am-2pm. One of the rectory staff members needed to work from home due to having a child out of school. An LOC member volunteered to work her 2 days at the rectory so that food distribution could continue 5 days a week.



(L to R: Barbara Hamilton; Joseph Panossinan and Linda Kelley)

The St. Hugh LOC got word out to the community through the Greenbelt News Review about the pantry remaining open. The community responded and increased their Coop Grocery Store \$5 donation bags to 60-70 bags a week that go to the pantry. The community also started giving the St. Hugh LOC, Coop Grocery Store Gift Cards valued from \$25-\$100 to be given to pantry recipients to help them buy perishable foods. The community has donated over \$10, 000 in gift cards to date. Many people used their stimulus checks to buy gift cards. The Greenbelt City Council also worked with the Greenbelt Cares Office to utilize the Interfaith Good Samaritan Fund to collect community monetary donations to be given to St. Hugh Church for the pantry. Over \$3,600 has been donated through this vehicle to the pantry to purchase food. The local Elks Organization donated \$2,000 to the pantry.



L to R: Joseph Lomax and Mary Ann Tretler

Using the St. Hugh Church on-line communication system, Flock Notes, we held the Lenten Food Drive virtually. Parishioners either donated funds through check/Faith Direct to LOC to buy food or dropped off needed food items to the rectory outside food container.

(continued on bottom of next page)

ST. MARGARET LOC HOST PRINCE GEORGE'S QUARTERLY MEETING AND INDUCTION OF NEW MEMBERS

Submitted by: Regina Barrett—1st VP Prince George's County LOC

Deacon Keith Somerville (St Margaret Church) officiated the ceremony and presented each new member with their blessed crucifix and Ladies of Charity official manual. The guest speaker, Christal Batey, was introduced by St. Margaret of Scotland President, Evelyn Nichols. Christal Batey is the Vice President of Programs and Services for the Maryland Umbrella Group. She spoke to the group on her work as Coordinator of the Aging in Place Program for the City of Greenbelt. She provided excellent information on things and projects that our units can do to assist the elderly in our Parishes. ADW Past President, Viola Johnson-Robinson, now serves on the LOC National Caregivers Board and will be providing us with updated material as it occurs. We also had as a guest, our ADW Newsletter Editor/Website Manager, Toni Gaines and she provided us with possible changes, from the District LOC Units, for the upcoming May Day at St. Ann's Family Center, which is done as an Annual Archdiocese of Washington Ladies of Charity Fundraiser.



(L to R) Marie Turgeon-PG LOC President, [inductees: Liza Abellano, Maurene McNeil, Jessica Garcia] and Debbie Self-ADWLOC Board President

(cont'd from page 8 —St. Hugh/Greenbelt Community)



(L to R: Barbara Hamilton, Linda Kelley and Joseph Panossinan)

St. Hugh LOC volunteers set up a safe way to prepare pantry food bags each week. They utilize 4-6 volunteers who are social distancing and using masks while preparing bags. The pantry family recipients have grown from 20 families to over 60 families a week being served. The volunteers (Barbara Hamilton, pantry coordinator, Linda Kelley and Joseph Panossinan) increased their bag preparation days from one day to two days a week. The LOC volunteer shoppers (Ellen Hanyok and Mary Ann Tretrler) go 1-2 days a week to the new Lidl Store in Greenbelt to supplement the food provided through the Coop Store. We have been able to get the quantities of food we need at Lidl's without any restrictions. Shoppers there will stop

us and say you must be shopping for a food pantry and frequently they hand us money to help buy food. LOC Volunteer, Peggy Compton, picks up donated bags at Coop Store 2x a week. LOC volunteers, Suzanne and Joe Lomax, prepare 40 "kid friendly" bags (Goldfish crackers, pudding, peanut butter crackers, gummie fruits, etc.) each Friday for the pantry. LOC Volunteers also deliver food bags to those homebound and make special arrangements for pantry families that aren't able to come due to work schedules during the week for food. We also have a volunteer translator, Mirsa Shulma, who contacts Spanish recipients that don't speak English to arrange food pick up.

During this very difficult time for many families it has been heartwarming and a great blessing to experience the incredible generosity of the Greater Greenbelt/St. Hugh Community. Pantry families with tears in their eyes express their profound gratitude for the food/gift cards and knowing that the community cares about them.



May Day

PATRON LISTING

Your support is greatly appreciated.

God Bless You!



Board of Directors Archdiocese of Washington

Promoters

Regina	Barrett <i>(For safety of Mount Calvary LOC (COVID-19))</i>	Mount Calvary
Jacqueline	Bates <i>(In Memory of Deceased LOC - St. Matthias Parish)</i>	St. Matthias the Apostle
Patricia	Camp <i>(In Memory of Mildred Alexander)</i>	St. Francis de Sales
Rosemary	Coller	St. Ignatius of Loyola
Jeannette	Davis <i>(In Memory of Mildred L. Davis)</i>	St. Matthias the Apostle
Sherlene M.	Duckett <i>(In Memory of Evelyn Rattley)</i>	St. Benedict the Moor
Barbara	Falls <i>(In Memory of Don Falls)</i>	St. Matthias the Apostle
Donna	Fisher <i>(In Memory of Anita E. Fisher)</i>	St. Margaret of Scotland
Toni K.	Gaines <i>(In Loving Memory of Aurelia C. Smith)</i>	Our Lady of Perpetual Help
Carolyn Taylor	German <i>(In Memory of William J. Taylor, Sr.)</i>	St. Martin of Tours
Bertha A.	Guerra <i>(In Memory of Cora A. Guerra)</i>	St. Gabriel
Mary Louise	Hand <i>(In Memory of Marilyn Hayden, Dr. Rita Robinson and Rev. Carl Dianda)</i>	St. Jane Frances de Chantal
Tawanda L.	Harrison <i>(In Memory of Evelyn Quander Rattley)</i>	Church of the Incarnation
Mary	Hunter <i>(In Memory of Elizabeth & Mary Washington)</i>	Holy Comforter-St. Cyprian
Octavia	Jackson	St. Martin of Tours
Irene	Jamison	St. Martin of Tours
Irene	Jamison <i>(In Memory of Pauline Gregory)</i>	St. Martin of Tours
	Ladies of Charity <i>(In Memory of Shirley Kallal, Doris Pettko, Betty Theurer and June Kretzing)</i>	Calvert County LOC
	Ladies of Charity <i>(In Memory of Bro. Marx E.A. Tyree, S.S.J. and Deceased LOC)</i>	Our Lady of Perpetual Help
	Ladies of Charity	St. John Baptist De La Salle
	Ladies of Charity	St. Mary of the Mills
	Ladies of Charity	St. Matthias the Apostle
Katalina Quander	Masembwa <i>(In Memory of Evelyn Rattley)</i>	Our Lady of Perpetual Help
Laureen H.	Milling <i>(In Memory of Marian Newsome)</i>	St. Gabriel
Paula Jeanne	Moran	Calvert County LOC
Romaine	Pinchback	St. Matthias the Apostle
Janet	Rollins <i>(In Memory of Erminia Bava and Thelma M. Bush)</i>	Holy Redeemer
Maryann	Rooney	St. Jane Frances de Chantal
Lucy A.	Saunders <i>(In Memory of Deceased Ladies of Charity)</i>	St. Joseph—PA
Deborah	Self <i>(In Memory of Harold "Ben" Self)</i>	St. Matthias the Apostle
Lucie G.	Shepherd <i>(In Memory of Betty E. Grayson)</i>	Our Lady of Perpetual Help
Claudine Y.	Sims <i>(In Memory of Carolyn Hamilton)</i>	St. Gabriel
Nan	Venit	St. Jane Frances de Chantal
Blinda A.	Williams <i>(In Memory of Charlie W. Williams)</i>	St. Ignatius of Loyola

Benefactors

Carolyn E.	Budoo <i>(In Memory of Mary E. Fairley)</i>	St. Martin of Tours
Diane A.	Douglas <i>(In Memory of Frances M. Douglas)</i>	Holy Redeemer
Ivon	Gaston	St. Martin of Tours
Irene	Jamison <i>(In Memory of Ruth Dawson)</i>	St. Martin of Tours
Hildegard	Jorgensen	St. Matthias the Apostle
Evelyn	Nichols <i>(In Memory of Mildred H. Woodward)</i>	St. Margaret of Scotland
Evelyn	Miles	St. Martin of Tours
Ethel	Taylor	St. Martin of Tours
Kim	Taylor	St. Martin of Tours
Monica D.	Thomas <i>(In Memory of Margo D. Griffith and Ada C. Griffith)</i>	Holy Redeemer
Michelle H.	Tyree <i>(In Memory of Marion E. Davis and Gladys E. Hemsley)</i>	Holy Redeemer

Sponsors

Odell	Allen <i>(In Memory of Evelyn Q. Rattley)</i>	St. Benedict the Moor
Carolyn E.	Budoo	St. Martin of Tours
Carrie	Diggs	St. Martin of Tours
Cheryl	Hamlin-Williams <i>(In Memory of Evelyn Q. Rattley)</i>	St. Benedict the Moor
Irene	Jamison <i>(In Memory of Carlene Wade)</i>	St. Martin of Tours
Irene	Jamison <i>(In Memory of Lorraine White Smith)</i>	St. Martin of Tours
Irene	Jamison <i>(In Memory of Maria McDaniels & Lillian Grissom)</i>	St. Martin of Tours
Ann	Klein <i>(In Memory of Addison Rose Donovan/child)</i>	Calvert County LOC
Bettye	Mayes <i>(In Memory of Emma S. Coulton)</i>	Holy Comforter-St. Cyprian
Cynthia	McFarlane <i>(In Memory of Evelyn Q. Rattley)</i>	St. Benedict the Moor
Kimberly	McKinley <i>(In Memory of Evelyn Q. Rattley)</i>	St. Benedict the Moor
Marie	O'Neal <i>(In Memory of Evelyn Q. Rattley)</i>	St. Benedict the Moor
Robin	Parker	St. Martin of Tours
Nadiath	Saibou	St. Martin of Tours
Gloria	Tobe <i>(In Honor of Hilda McDougald—100 years old)</i>	Holy Redeemer
Denise	Willis <i>(In Memory of Loretta A. Jones)</i>	St. Benedict the Moor
Bernice	Wilson	St. Martin of Tours

Patrons

Sandra	Douglas	St. Martin of Tours
Jasmin	Drain	St. Martin of Tours
Louise	Green	St. Martin of Tours
Dolores	Marinaccio	Calvert County LOC
Jacqueline	Rikard	St. Martin of Tours
Cecelia	Still	St. Gabriel
Gloria	Tobe <i>(In Memory of Margaret Gonsalves)</i>	Holy Redeemer
Sandra	Watkins	St. Martin of Tours
Betty	Wright	St. Martin of Tours

ST. MATTHIAS THE APOSTLE LOC ANNUAL RETREAT

Submitted By: Amelia Turner

In June 2019, Dr. Curtis Turner was invited to speak at St. Matthias the Apostle Ladies of Charity Retreat. He shared his experiences in studying to become a Deacon and several of the members also shared their personal growth experiences.

Using his personal experiences with humor and eloquence, his message to our LOC members was that to serve God, we must be ready and willing to be moved by Him. His inspiring words supported our motto,



"To serve rather than be served." Dr. Turner is an Ordained Permanent Deacon for the Roman Catholic Archdiocese of Washington, D. C. and has served as Principal of St. Frances Academy in Baltimore since June 2008. He is assigned to St. Mark the Evangelist Church in Hyattsville, Maryland.

Dr. Turner has worked in secondary education since 1993, both in public and Catholic high schools. He is a graduate of Saint Matthias Academy and DeMatha Catholic High School located in Hyattsville, Maryland. He received a bachelor degree in physics from Howard University in Washington, D.C. Dr. Turner earned a master and doctorate degree in science education from the University of Massachusetts - Amherst. In addition to his administrative duties, Dr. Turner teaches

mathematics and coaches golf at St. Frances Academy. He is a Non-resident Associate Member of the Oblate Sisters of Providence and a member of DeMatha 2019-2020 Board of Directors.

ST. IGNATIUS OF LOYOLA LADIES OF CHARITY START PANDEMIC FOOD DRIVE

The Ladies of St. Ignatius in January delivered toiletries that were collected thru the last half of 2019 to ***Each One Feed One***, an organization that provides food and personal hygiene items to the homeless and the elderly.

In February, we held our annual baby shower to help the Forestville Pregnancy Center and Elizabeth Arms. Our sewing group supplied us with an overwhelming number of hand-made blankets, sweaters, hats, and booties. We also collected diapers, clothing, and baby toiletries. This is our 8th year for this baby drive, and we are incredibly happy with the amount of goods we were able to give to both centers.

At the end of March, our ladies helped our parish priest make phone calls to all parishioners in our two parishes. Our goal was to check to see if they were doing ok during the pandemic and to see if they needed groceries or medicine.

Our Lenten food drive was cancelled in March due to COVID-19, so beginning on April 1st with the help of our parish priest, we started our Pandemic Food Drive. We sent out email letters to parishioners from both of our parishes to collect money for the local food pantries. We were very blessed to receive over \$4,500. We were able to help numerous pantries, shelters, & nursing homes in the area that have a greater need than normal due to the virus.

As things try to get back to some normalcy in the second half of 2020, we as Ladies of Charity, will do what we can to help our neighbors in need.



Submitted by: Diana Gritz
President, St. Ignatius of Loyola LOC

CALVERT COUNTY LOC AWARDED ANNUAL POLAR BEAR PLUNGE PROCEEDS



On Thursday, February 24, 2020, Mayor Benton and the Town Council presented a check for \$7,247.97 to the Ladies of Charity Calvert County. The Ladies of Charity were the recipients of the net proceeds of the 2020 North Beach Polar Bear Plunge. Each year North Beach selects a charity to receive the proceeds of t-shirt sales and corporate donations. This energetic group of ladies also volunteered at the event, sold pizza, baked goods and hot chocolate to raise funds for their organization. Congratulations, ladies! You can see in the picture, quite a few members turned out for this town meeting.

Submitted by:
Peggy McKelly, Secretary

TOWN OF NORTH BEACH PRAISE LADIES OF CHARITY

Submitted by: Barbara Glover

The Town of North Beach would like to send a shout out to the St. Anthony's Catholic Church Ladies of Charity. They have seen an increase of over 40% in number of families served and over 50% in number of family members served from the same time period of last year compared to this year (roughly mid-March to mid-April). In that time frame they have given out over 8 tons of food not including what was done with the Easter grocery giveaway. Thank you for everything you are doing.



ANNUAL POLAR BEAR PLUNGE IN NORTH BEACH

Each January 1st, the Town of North Beach holds a Polar Bear Plunge, where adventurous people of all ages run into the Chesapeake Bay for a few minutes. This is a fund raising event for Charity as well as a fun event for the town. The Calvert County Ladies of Charity organization was the recipient of the proceeds from the Polar Bear Plunge in North Beach, MD January 1, 2020.

The Ladies were asked to man the tables where all “plungers” had to sign a waiver before going to the registration desk to sign in. We had gold hats made to identify the LOC members.



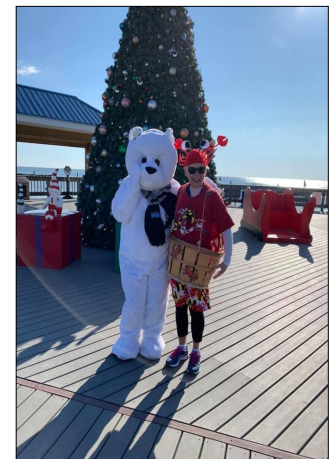
The Ladies are great bakers and we also had a baked goods table with lots of goodies for sale.



The Town of North Beach also gave the LOC the exclusive right to sell snacks at the event. We manned the Papa John's pizza wagon and were allowed to keep the profits.



Our very own “crab” lady mingled with the plungers and spectators as well soliciting donations.



(continued on next page)

There were many chilly participants and spectators to appreciate their willingness to plunge. All in all a big success and a good fund raiser for the LOC.



Submitted By: Peggy McKelly
Secretary, Calvert County Ladies of Charity

PRAYER OF HOPE



(taken from: "A Guide to Prayer from the COMPANIONS OF ST. ANTHONY")



God of Love and Mercy,
ease my burdens, calm my anxieties,
strengthen my faith, and
increase my trust and confidence
in Your caring goodness.

Bless me each day
with Your healing grace,
with health in mind and body,
and a heart filled with
hope and peace.

Grant me the courage I need, dear Lord,
to face all difficulties,
knowing that with Your help,
miracles happen and lives are restored.

AMEN

DEDICATION OF THE MOSAIC OF BLESSED FREDERIC OZANAM

On January 26, 2020, the Sunday of the Word of God - The Third Sunday in Ordinary Time, the Dedication of the Mosaic of Blessed Frederic Ozanam took place at the Basilica of the National Shrine of the Immaculate Conception. The Principal Celebrant and Homilist was His Excellence Most Reverend Donald J. Hying, Bishop of Madison and National Episcopal Advisor, National Counsel of the United States Society of Saint Vincent de Paul.



*Blessed Frederic Ozanam
1813 - 1853*

The Blessed Frederic Ozanam mosaic is located on the Saint Vincent de Paul side of the Miraculous Medal Chapel in the Basilica of the National Shrine of the Immaculate Conception in Washington, DC.

Frederic had a deep devotion to Mary and he chose Our Lady of the Immaculate Conception as the Patroness of the Society of Saint St. Vincent de Paul, so it was indeed appropriate that his mosaic has been installed in this chapel. Frederic also lived in Paris at the time of the apparitions of Mary to Saint Catherine Laboure, a Daughter of Charity, when Mary requested that the Medal of the Immaculate Conception be created. So many miracles came through this devotion to Mary, that the medal became known as the "Miraculous Medal." Frederic would have received one of the first Miraculous Medals and it is said that he had a medal in his pocket at the time of his death.



*Taken from
Program for the Mass held
at the Basilica of the National Shrine
of the Immaculate Conception in
Dedication of the Mosaic of Blessed Frederic Ozanam*

PRESENTATION ON ALZHEIMER'S DISEASE

During the January 2020 monthly meeting of St. Matthias the Apostle Ladies of Charity, Ms. Nancy Quarles, Program and Services Manager for the Alzheimer's Association of the National Capital Area that serves DC, Maryland and Virginia, gave a slide presentation and discussion on the "10 Warning Signs of Alzheimer's."

Alzheimer's disease falls under the umbrella of Dementia which also includes Vascular Dementia, Lewy Body Dementia, and Frontotemporal Dementia. Alzheimer's is the most common form of the disease and comprises 70% of Dementia cases. Slides included commentaries from doctors and other experts on the 10 warning signs:

1. Memory loss that disrupts life;
2. challenges in planning and solving problems;
3. difficulty in performing familiar tasks;
4. confusion with time or place;
5. trouble understanding visual images and spatial relationships;
6. new problems with words in speaking or writing;
7. misplacing things and losing the ability to retrace steps;
8. decreased or poor judgment;
9. withdrawal from work or social activities; and,
10. changes in mood or personality.

The slides also included things that are a part of normal aging and are not Dementia. The importance of early detection was emphasized, and while the disease is not curable, early detection is important for the patient to play a role in their future health planning. Ms. Quarles talked about the Association itself and the type of things that they do. Certain groups are more susceptible—African Americans, Hispanics, and women are all more prone to the disease. She had a question and answer session following the presentation; and, handouts and contact information were provided.

Submitted By: Kathy Dowell
St. Matthias the Apostle LOC



The actions of AIC volunteers around the world continue to show that however difficult the situation, it is always possible to keep helping those in need.



France: Strasbourg, Tarbes

Like many European countries, **France** has been badly affected by the COVID-19 pandemic, and it is those living in poverty who are most vulnerable to its economic impacts. The AIC volunteers are aware of this, and in various towns across the country (Strasbourg, Verdun, Saint-Valéry-en-Caux, Tarbes and others), they have continued their food bank services to the families that rely on them, adapting the way they work to respect social distancing and hygiene measures. Some volunteers are also making masks for those who need them. The volunteers have the support of the local authorities and the beneficiaries are reassured to see their familiar friendly faces at this particularly difficult time.



France: Châtillon-sur-Chalaronne



Germany

In Châtillon-sur-Chalaronne, where St Vincent set up the first Charity in 1617, and where the AIC International Assembly was held 400 years later, the AIC volunteers have continued supporting vulnerable elderly people. They stay in touch with them by phone or in writing, according to each person's capabilities, and they have sent homemade masks and greetings cards with words of comfort, poems or Bible verses.

In **Germany**, AIC volunteers are also doing what they can during the COVID-19 crisis. The project "Postcards for phone calls" involves sending postcards mentioning the name and phone number of the sender to establish contact with people who might be lonely or require assistance. In the project "Open doors against loneliness", volunteers are sewing reusable masks, which they attach to front doors with greetings, as home visits are not allowed. Some inspiring work!

(continue on next page)

In **Madagascar**, food distribution to disadvantaged families continues. The AIC volunteers from Fianarantsoa are teaching mothers to sew their own reusable masks.



Madagascar

In the **USA**, some AIC volunteers in New York have been supporting isolated women in a local assisted living facility, sending them sweet treats and flowers for Mothers' Day. The Junior volunteers (girls aged 8-18) have been chipping in by making masks for the residents.



United States of America

In **Mexico** too, the AIC volunteers have adapted their services and are distributing food to people who are homeless or have lost their jobs, families of detainees, and those living on the outskirts of cities, who are the most affected by the crisis.



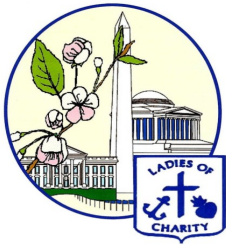
Mexico

Certain AIC services for people who have nowhere else to go have remained open, including homes for the elderly and shelters for children and teenage mothers who have been victims of abuse.



Mexico

We are always happy to receive news about AIC COVID-19 actions and publish them on our website or Facebook page. Share your story with us at: info@aic-international.org



**Ladies of Charity
Archdiocese of Washington
3301 Spriggs Request Way
Mitchellville, MD 20721**

**PLACE
STAMP
HERE**

**2020 UPCOMING
CALENDAR OF EVENTS**

<u>DATE</u>	<u>EVENT</u>	<u>PLACE</u>
August 1	ADW LOC Board Meeting Reflection 9:30 am meeting Carroll Room	ADW Pastoral Center 5001 Eastern Avenue Hyattsville, MD
September 13	Prince George's County Quarterly Meeting 3:00 pm	St. Jerome 5205 - 43rd Avenue Hyattsville, MD
October 11	DC Parish Units Quarterly meeting following 7:30 am Mass in convent	St. Gabriel 26 Grant Circle, NW Washington, DC
October 24	ADW LOC Annual General Assembly Mass 10 AM TENTATIVE	VIRTUAL??
December 5	ADW LOC Board Meeting Mass 9:30 am Chapel meeting Carroll Room	ADW Pastoral Center 5001 Eastern Avenue Hyattsville, MD
December 13	DC Parish Units Quarterly meeting following 10:00 am	St. Benedict the Moor 320—21st Street, NE Washington, DC
December 13	Prince George's County Quarterly Meeting 2:00 pm	St. Matthias the Apostle 9475 Annapolis Road Lanham, MD

**ARCHDIOCESE OF WASHINGTON
LOC NEWSLETTER:**

News Deadline:

The deadline to submit articles and photos for the January 2021 issue of the ADW LOC Newsletter:

- ◆ Deadline is **December 15, 2020** at the latest. Earlier submissions are encouraged and appreciated.

Newsletters are issued twice a year (January and July). Please share information about your LOC unit projects, fundraisers and other activities with fellow LOC members. We would like to hear from you.

Articles and photos can be sent via email to: tkgaines@msn.com indicating as the subject, "**Newsletter Submission.**"