

# ARCHDIOCESE OF WASHINGTON LADIES OF CHARITY NEWSLETTER

*"To Serve Rather Than To Be Served"*  
*In Humility, Simplicity & Charity*

VOLUME 3, ISSUE 5

JANUARY 2021

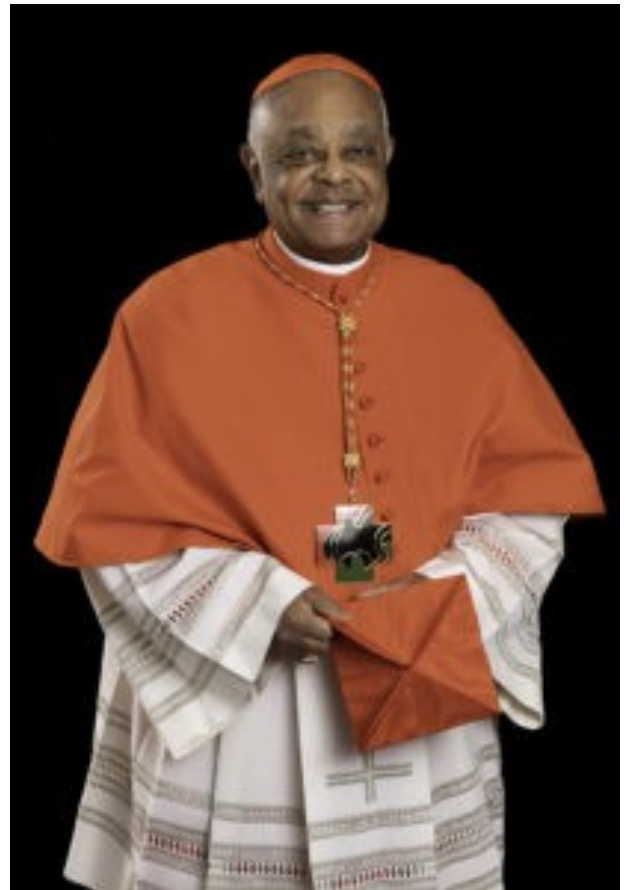
## CALVERT COUNTY LOC FEED SENIORS



Loading the truck at the food pantry

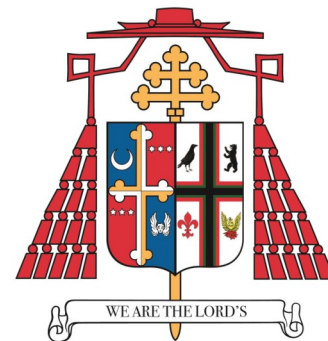
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## POPE FRANCIS NAMES 1ST AFRICAN AMERICAN U.S. CARDINAL



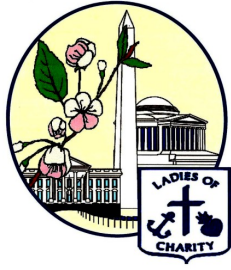
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Cardinal Wilton D. Gregory, Archdiocese of Washington  
1st African American Cardinal in the United States.

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# Message From The President



Dear Ladies, recently I tested positive for the COVID-19 coronavirus and am in home isolation. Unfortunately, I haven't been feeling great and ask for your continued prayers. In place of a message from me, here is a prayer I feel suitable during this pandemic.

## *A Prayer as I put on my mask:*

*Creator God, as I prepare to go into the world, help me to see the Sacrament in the wearing of this cloth - let it be an outward sign of an inward grace - a tangible and visible way of living love for my neighbors as I love myself.*

*Christ, the Son, since my lips will be covered, uncover my heart, that people would see my smile in the crinkle of my eyes. Since my voice may be muffled, help me to speak clearly, not only with words, but with my actions.*

*Holy Spirit, as the elastic touches my ears, remind me to listen carefully - and full of care - to all those I meet. May this simple piece of cloth be a shield and a banner, and each breath that it holds, be filled with your love. In your Triune Name and in that love, I pray.*

*May it be so. May it be so.*

**By Rev. Dr. Richard Bott**

As always, I appreciate all of your continued support of those in need especially during these troubling times.

In Vincentian Spirit,

*Deborah Self*

Deborah "Debbie" Self  
2018-2022 President  
ADW LOC Board of Directors

We begin another year. Yes, it is the time for New Year resolutions but let us walk into this year following the advice of St Louise to an early Daughter of Charity. L 557 *Spiritual Writings of Louise de Marillac*, p 520



*Sr. Claire Debes, D.C.  
ADW LOC*

"We greatly deceive ourselves if we think we can attain perfection by our own efforts and by constantly and closely watching over all the movements and dispositions of our souls. It is a good thing, once a year, to apply ourselves seriously to this kind of examination while being duly distrustful of ourselves and recognizing our weaknesses. But to put ourselves through a continual purgatory to analyze our souls and to give an account of all our thoughts is useless, even dangerous. I am repeating to you what I was told long ago. I beg you, ... to help me by your prayers, as I will help you by mine, so that we may obtain from God the grace to walk simply and confidently along the path of His holy love, without too much introspection, lest we resemble those persons who, instead of growing rich, become bankrupt while striving to find the philosopher's stone. We can be certain that the divine goodness will not withhold grace from us if we come simply and with the desire to do God's will". (with some paraphrasing)

I suspect this advice may had been given to Louise, who tended to much introspection in her early years, by St Vincent. Louise learned to accept her limitations and came to realize that God accepts us as we are, both our good and bad points. Vincent freed her of her inner worries so that she could use her wonderful gifts of management skills, organization, persuasion, spiritual insights to assure that many of the poverties of her time, so like our realities today, war, famine, epidemics (plague, cholera, small pox), child abandonment, mass migration of people, disregard of women.

So, in this time of the pandemic, just remember you are attempting to alleviate the suffering of many who directly or indirectly are impacted by the virus. In St Vincent's writings, there are 300 mentions of the plague. You are in GOOD COMPANY with Vincent and Louise, your founders and God is with you all at this time. **What is your New Year's Resolution going to be???**



Father Mike Barth, S.T.  
ADW LOC Spiritual Advisor

Dear Ladies of Charity,

**M**ay the grace and peace of the Holy Spirit be with us forever.

As you all know Pope Francis recently signed his encyclical “Fratelli Tutti” while visiting Assisi on the Feast of St. Francis, October 4<sup>th</sup>. In our effort to “think with the Church” I encourage you

each, individually and communally, to read and reflect on this important document for our current time and in light of the good work each of you are engaged in. I would like to offer here a few brief thoughts on the encyclical and highlight some areas for your reflections as Ladies of Charity.

While there are many media-worthy and tweetable lines in the document it is, at a deeper level, a work of spiritual reflection and discernment. It is a call or an exhortation for the world and each Christian to move and engage in relationships and friendships rather than the current tendency of disposability and indifference to the other. To do this Pope Francis reflects on the good Samaritan parable and invites us to think about which character we identify with or resemble. In the end we are left with the question: Will we bend down to touch and heal the wounds of others?

For those of us living and ministering in the United States the letter pulls us back from the tendency to-

ward nationalism. It is interesting to note that the word “walls” appears 14 times as a symbol of our temptation to shut ourselves off from the needs of others.

As we end this year of 2020 with all its challenges and need for isolation this call of Francis and this encyclical is timely. As we strive, walking in the charism of St. Vincent de Paul to commit ourselves to seeking freedom from injustice, oppression and poverty and the restoration relationships between people and God, we can find ample material here to guide and sustain us in this goal.

In closing, I use the prayer that ends the encyclical. May this prayer be our prayer:

**A Prayer to the Creator**

Lord, Father of our human family,  
you created all human beings equal in dignity:  
pour forth into our hearts a fraternal spirit  
and inspire in us a dream of renewed encounter,  
dialogue, justice and peace.  
Move us to create healthier societies  
and a more dignified world,  
a world without hunger, poverty, violence and war.

May our hearts be open  
to all the peoples and nations of the earth.  
May we recognize the goodness and beauty  
that you have sown in each of us,  
and thus forge bonds of unity, common projects,  
and shared dreams. Amen.

In the Most Holy Trinity,  
Michael K. Barth, S.T.

**SAVE THE DATE**

**40th Annual National Assembly  
Knoxville, TN  
August 27—28, 2021  
Crowne Plaza Knoxville Hotel  
401 West Summit Hill Drive**

**SAVE THE DATE**

# "THE MAKING OF A CARDINAL" ARCHBISHOP OF WASHINGTON WILTON D. GREGORY 1ST AFRICAN-AMERICAN U.S. CARDINAL

*Excerpts taken from US & World as published in the Catholic Standard*



*Cardinal Wilton D. Gregory, Archdiocese of Washington*

**O**n October 25, 2020, Pope Francis named Archbishop of Washington Wilton D. Gregory as one of 13 new cardinals from around the world, to be elevated to the College of Cardinals on November 28, 2020 in Rome. Cardinal Gregory became the First African-American Cardinal in the history of the Catholic Church in the United States.

Cardinal Wilton D. Gregory was ordained to the priesthood for the Archdiocese of Chicago in 1973 and was named an auxiliary bishop in 1983. He was named Bishop of Belleville in 1994 where he served for eleven years before being named by Pope John Paul II as the sixth Archbishop of Atlanta in 2005. Archbishop Gregory was named by Pope Francis as the seventh Archbishop of Washington in 2019.

Cardinal Wilton Daniel Gregory was born December 7, 1947 in Chicago to Wilton Sr. and Ethel Duncan Gregory; he has two sisters, Elaine and Claudia. He attended St. Carthage Grammar School, where he converted to Catholicism. He attended Quigley Preparatory Seminary South, Niles College (now St. Joseph's College Seminary) of Loyola University and St. Mary of the Lake Seminary.

He was ordained a priest of the Archdiocese of Chicago on May 9, 1973, and three years after his ordination began graduate studies at the Pontifical Liturgical Institute (Sant' Anselmo) in Rome. There he earned his doctorate in sacred liturgy in 1980.

After having served as an associate pastor of Our Lady of Perpetual Help Parish in Glenview, IL as a member of the faculty of St. Mary of the Lake Seminary in Mundelein and as a master of ceremonies to Cardinals John Cody and Joseph Bernardin, he was ordained an auxiliary bishop of Chicago on December 13, 1983. On February 10, 1994, he was installed as the seventh Bishop of the Diocese of Belleville, IL where he served for the next eleven years. On December 9, 2004, Pope Saint John Paul II appointed Bishop Gregory as the sixth Archbishop of the Archdiocese of Atlanta. He was installed on January 17, 2005. In April 2019 Pope Francis appointed Gregory Archbishop of Washington, to succeed Donald Cardinal Wuerl, who resigned amid allegations that he had covered up sexual misconduct. Gregory was installed the following month, on May 21, 2019, becoming the first African-American to hold the post.

Cardinal Gregory has served in many leading roles in the U.S. church. In November 2001, he was elected president of the U.S. Conference of Catholic Bishops (USCCB) following three years as vice president under Bishop Joseph Fiorenza of the Diocese of Galveston-Houston. During his tenure in office, the crisis of sex abuse by Catholic clergy escalated; and under his leadership, the bishops implemented the "Charter for the Protection of Children and Young People."

He has served on the USCCB'S Executive and Administrative Committees, the Administrative Board, the Committee on Doctrine and the U.S. Catholic Conference Committee on International Policy. He previously served as the chairman of the Bishops' Committees on Personnel, Divine Worship and the Third Millennium/Jubilee Year 2000 from 1998-2001, and Liturgy from 1991-1993. Cardinal Gregory has written extensively on church issues, including pastoral statements on the death penalty, euthanasia/physician-assisted suicide and has published numerous articles on the subject of liturgy, particularly in the African-American community. He has been the recipient of nine honorary doctoral degrees, just to name a few of his many accolades.

The Ladies of Charity congratulate Cardinal Wilton D. Gregory on a well-deserved elevation in the Catholic Church.

# LADIES OF CHARITY CAREGIVING BOARD



The Ladies of Charity Caregiving Inc. is in the process of growing and starting a new office in Kansas City, Missouri. The office in Pittsburgh along with the support of the Ladies of Charity of Pittsburgh is a pilot and learning experience for us as a National Board. National Director is from Kansas City and familiar with the regulations which will make the growth and development of the office there less challenging.

This past January I began as a board member (I completed Dr. Rita Robinson seat on the board in 2019). I serve on the Long Term Planning Committee which addressed clarifying our mission, vision and lessons learned. As a business we are a work in progress. As a Home Care Agency we focus on providing for the spiritual and corporal needs of persons who are sick, elderly or disabled while providing a living wage for our caregivers who assist them and the family members of our clients.

Opening a branch of the Ladies of Charity Caregiving, Inc. in the Archdiocese of Washington is a possibility as we grow. Providing caregivers whose mission is that of a total caring of all parties based in the Gospel will be a benefit to all. For further information view The Ladies of Charity Inc. on Facebook or locaring.org.

**Submitted by:**  
Viola Johnson-Robinson  
Immediate Past President ADW Board

## ST. MARTIN OF TOURS CONTINUES TO SERVE THOSE IN NEED DURING PANDEMIC



*Pictured from L to R: Linda Chaney and Carolyn German—LOC*

**S**aint Martin of Tours Social Services Pantry is located in the Parish's Community Center and operated by Carolyn German (St. Martin's Ladies of Charity) and Linda Chaney, a fellow parishioner. The Pantry is open every Wednesday from 10:00 am until 12:00 noon. The ladies serve approximately 20 to 25 families a week (100 families a month).

**Submitted by:** Carolyn German



*Pictured L to R: Jasmine Greene, Carolyn Budoo, Kim Taylor, Gloria Adams and Octavia T. Jackson*

**A**s the pandemic continues, so does the need of many families for food. In the long-standing tradition of helping those in need, St. Martin of Tours in Washington, DC had 300 families sign up for Thanksgiving Baskets which needed to be packed and prepared for the families to receive. The Ladies of Charity, along with several other volunteers from the church, were there to package the bags of groceries which included enough food to prepare a full Thanksgiving meal for a family.

**Submitted by:** Octavia T. Jackson

## HOLY COMFORTER-ST. CYPRIAN LOC ANNUAL FUNDRAISER



The Ladies of Charity of Holy Comforter-St. Cyprian Church has its Annual Bake Sale on the 3<sup>rd</sup> Sunday in December each year. This is an opportunity for us to raise money and share our blessings with others, recruit new members and fellowship with our faith community.

This year, we were unable to conduct our event as usual due to the COVID-19 pandemic. However, the generosity and thoughtfulness of loyal donors; and, the creativity of the Ladies of Charity participants who made phone sales and provided safe distributions of goods allowed us to reach our fundraising goal.

Contributions will be made to the Oblate Sisters of Providence "Response to Love Campaign"; St. Ann's Center for Children, Youth and Families; and, to the LCUSA Twinning Project in Madagascar. Additionally, individuals who request funds for food and other essentials will be assisted. We are privileged to serve with simplicity, humility and charity and are grateful to those who support our efforts.

**Submitted by:**  
Sharon Graham, President  
Holy Comforter-St. Cyprian LOC

## REFLECTION DURING THE PANDEMIC

As, Catholic Women this year has been a time to examine our mission as Ladies of Charity and follow the Gospel of St. Matthew....

*"... For I was hungry and you gave me food, I was thirsty and you gave me drink, a stranger and you welcomed me, naked and you clothed me, ill and you cared for me, in prison and you visited me..."*

We cannot do our mission as we normally do. We cannot even go to church and fellowship with others.

This year has been unbelievable in so many ways. We meet over Zoom and watch Mass on YouTube for some of us. The virus COVID-19 has changed the way we conduct business and shop. The things we did in person like even attending friends and love ones funerals are now on Facebook and YouTube. Just as we adjusted to the change, most of us witnessed George Floyd being treated inhuman by law enforcement officers and racism raised its ugly head again in this country.

Pope Francis spoke out against it and the US Conference of Catholic Bishops addressed it in a letter, "Open wide our hearts, the enduring call to love a pastoral letter against racism". I was asked to participate in a reading and discussion of the impact of racism in our country, a three day presentation over six weeks. It was hosted by the ADW Council of Catholic Women and featured women throughout the ADW as readers and speakers throughout the country as guest speakers.

As, I write this article during the first week of Advent, I pray as you read this after Christmas that through your prayers, we as Ladies of Charity have viewed our mission with eyes wider with a knowledge of what more can I do.

**Submitted by:**  
Viola Johnson-Robinson  
Immediate Past President ADW Board

# ROSARY CRUSADE ON NORTH BEACH BOARDWALK



The Ladies of Charity Calvert County sponsored a Rosary Crusade on the North Beach, Maryland boardwalk on Saturday, October 10 at noon. A dozen of our members were in attendance.

The World Apostolate of Fatima has inaugurated a nation-wide Rosary Crusade for the conversion of our own United States of America. This is an effort to get as many Catholics as possible to pledge a daily Rosary to make reparation for the sins of our country committed against the Sacred Heart of Jesus and the Immaculate Heart of Mary. Its purpose is to beseech heaven "to provide our country with leadership that will recognize and defend the rights of God and the rights of man...

*leadership that will protect and preserve the family as God established it."*

This Rosary Crusade for America will continue throughout this country until November 5th, which happens to be the date of our National election. History has proven that the Rosary when offered to the Mother of God by great numbers of persons in times of crisis has produced remarkable results.

Dolores Simonds, one of our LOC members, has spearheaded this event at a local level for several years now. In the month dedicated to the Immaculate Heart of Mary we prayed for America. Many thanks to Dolores for undertaking this important event.

**Submitted by:** Peggy McKelly





# PRAYER FOR OUR COUNTRY



*Dr. Marian White-Hood*

*Submitted by: Joyce Dews - Mt. Calvary LOC*

**F**ather God, we come to you utterly broken over the condition of our country. It is disheartening to see the division, the hatred, the intolerance. The violence is heart-breaking, and we long for peace in this great country of ours.

We fall on our face before you, confessing our sins. We pray that we as Christians will humble ourselves and pray and seek your face and turn from our wicked ways, so you will hear from heaven and will forgive our sins and restore our land ([2 Chronicles 7:14](#)). We are in desperate need of your healing power and your grace.

As Christians, we see our country turning further from you each day. People no longer reverence you, call on you. We shut you out of our public lives. Even more discouraging is how we shut you out of our private lives. We no longer desire to walk according to your ways, your truth.

Help us remember the message of the cross is foolish to those who do not believe! But we who are being saved know it is the very power of God ([1 Corinthians 1:18](#)) Help us remember we cannot expect those who do not know you to understand why we live the way we do. Help us remember we cannot expect this world to live by the same holy standards we strive to live by.

As this world grows darker and more opposed to the things of God, I pray you would let our light shine brighter. May we be a beacon shining brightly in this country! May we prove ourselves by our purity, our understanding, our patience, our kindness, by the [Holy Spirit](#) within us, and by our sincere love ([2 Corinthians 6:6](#)). May others see you shining through us.

As you look down on this great country and the mess we have created, we ask that you would raise up a remnant of faithful followers who seek you above all else, whose hearts are pure and whose hands are clean May we have a single-

minded devotion to you, desiring to know you and walk in obedience above all else.

We pray this remnant of faithful believers will have faith to move mountains ([Matthew 17:20](#))! May our faith in the face of an increasingly dark world astound others as we see you move in our lives, providing for our needs as only you can, doing miracles in our midst. And may we never steal your glory, but always use your supernatural work in our lives to point the world back to you, to give you the glory you so deserve.

An important decision has been made this last week. We don't really know what the president-elect will do once in office. Uncertainty abounds, and fear is rampant. We pray you will keep in perfect peace all who trust in you, all whose thoughts are fixed on you ([Isaiah 26:3](#)). Help us remember that no matter who is in office, you still control the hearts of kings. Nothing can touch us that is not sifted through your hands. You are Sovereign, Lord!

Our future is in your hands, and we trust you. We trust you to be our guide as we navigate the tumultuous waters of this world. We trust you to bring good out of all things, even the painful, ugly circumstances. We trust that in your kindness you have called us to share in your eternal glory by means of Christ Jesus, and that after we have suffered a little while, you will restore, support, and strengthen us. You will place us on a firm foundation ([1 Peter 5:10](#)). We thank you that even though we are living in uncertain times, we can know that our future with you is secure.

Thank you, Lord, for the privilege of living in this great country where we have freedom to openly worship you. May we never take that privilege for granted, but always guard it and treasure it. May we not live in apathy to you, but live in awe of your love and forgiveness freely poured out for us. Allow our light to shine brightly as our hearts turn to you. In Jesus' name we pray, **Amen.**



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# OUR LADY OF PERPETUAL HELP HOSTS COMMUNITY HARVEST DINNER



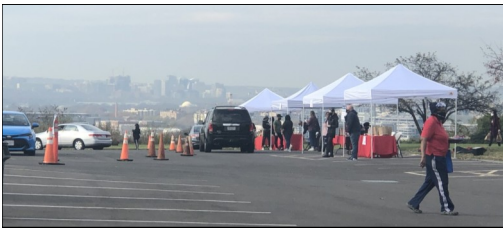
Submitted by: Toni K. Gaines

On Saturday, November 21, 2020, Our Lady of Perpetual Help Church's Ladies of Charity, Women's Ministry, Health Ministry and Sodality collaborated with the non-profit organization Martha's Table and others for their 4th Annual Community Harvest Dinner located in the parking lot at 1600 Morris Road, SE, Washington, DC.

Due to COVID-19, the dinner was a grab-n-go drive through and walk-up service. There were approximately 2,500 dinners served to the community outdoors with mask wearing and safe social distancing observed. Over 150 volunteers worked to prepare and distribute

dinners from 10:00 am—4:00 pm to the community. The dinners included roast turkey, dressing, gravy, macaroni & cheese, green beans, candied sweet potatoes, rolls, sweet potato pie, and drink. Additionally, each bag contained a package of masks and hand sanitizer.

Thanks to Pastor, Very Rev. Michael Thompson, SSJ for his commitment to providing food for those in our community and working to ensure that the dinner took place as well as Donna Hawkins for being the lead coordinator. Gratitude and blessings to all the volunteers who gave of their time, talent and treasure in making this event a success!



**COMMUNITY HARVEST DINNER**

Join us to usher in the season with delicious food and community. This year's dinner will be a grab-and-go, drive through distribution.

Outdoor | Safe | Socially Distant | Grab-n-Go Meals

**SATURDAY 21**

10AM - 4PM NOVEMBER

Our Lady of Perpetual Help - 1600 Morris Road SE

Logos for Martha's Table, Taste, MLK DELI, and St. Paul's Wright.



# ST. MATTHIAS LOC CONTINUES TO SERVE DURING PANDEMIC

Amid pandemic restrictions and Zoom meetings, the St. Matthias Ladies of Charity still found creative ways to serve their community. After the initial shut down of our pantry because of the pandemic, we transferred many of our pantry staples to the neighboring St. Hugh pantry and made a monetary donation to assist them. We are happy to say that our parish pantry is back up and running serving the needy in our community.



*Arlene Taylor delivering PPE supplies*

With the shortage of Personal Protective Equipment (PPE) needed by medical personnel and first responders, our unit purchased \$500 worth of additional masks and protective shields that were distributed to the Sacred Heart Nursing home in Hyattsville, the St. Matthias Academy school in Lanham, and the Prince Georges County Department of Fire Protection for the fire and EMS personnel at the Lanham and Glenn Dale Fire Departments.

In October, we collected cases of water that were donated to “Maria’s Meals,” which is a Catholic Charities’ initiative providing nutritious food for low income families for distribution at their Tuesday evening meals in Forestville, MD.

In November, our LOC partnered with the Knights of Columbus and several other parish organizations for a food drive that distributed over 400 boxes of food in our church parking lot to the needy.

Before the shutdown, our unit participated in several sessions of “The Global Peace Initiative” held after our monthly meetings, but were unable to complete the program because of the pandemic. The Global Peace Initiative is an international program which strives to unite people of different faiths and backgrounds. Two members in our unit went on to earn certificates in the program, and we hope to use this training to serve others.

We were able to again provide Thanksgiving baskets to families that requested them and sponsor our parish Giving Tree benefiting three local charities in our area. We also made a donation to the Sacred Heart building fund as they update and expand their facility.



*Volunteers distributing Pre-Thanksgiving Food*



*Hildegard Jorgensen with baby blankets*

We are thrilled to report that a family in our parish welcomed a new set of quintuplets born at Holy Cross Hospital in June. Our unit supplied baby gifts and a check for \$500 to the family to help with the many expenses they will incur with the new additions to their family. All of the babies, four girls and one boy, are now home and thriving.

We are also pleased to announce that we added two new members to our unit, Doris Cuffey and Aminmencha Njinju, who were inducted on December 9, 2020, at our Zoom meeting with Deacon Alton Davis officiating. The Deacon gave an inspirational homily and the virtual ceremony included music and meditation—just what we needed in this trying time. Welcome Doris and Amin!

While 2020 has been a challenging year for all of us, we look forward to 2021 and hope to find many more ways that we can “serve rather than be served.” Please stay safe and let us all take care of one another!

**Submitted by:** Kathy Dowell  
St. Matthias Ladies of Charity

# CALVERT COUNTY LADIES OF CHARITY FEED SENIORS

The Ladies of Charity Calvert County hold an on-site pantry event at the North Beach Senior Center Apartments once a month. We found that some of our clients who lived at the apartment complex had great difficulty getting to the pantry and bringing groceries home afterwards. Our Pantry Manager, Barbara Glover, came up with the idea of taking the pantry to the clients instead. The manager of the apartments worked with us to set up space in the common area with tables where we could organize the types of groceries to choose from, and to set up a monthly schedule, and menu of grocery items. Our volunteers meet at the Food Pantry, load up cars with the groceries, drive a few blocks to the apartments, unload the groceries and set up the food on the tables.

At the mini market, we are able to provide fresh produce, meat, canned vegetables and fruit, cereal, pasta, peanut butter and bread. For the first year, we were able to hold the mini market indoors. The apartment residents very much appreciated the mini market. We then extended the concept to deliver our holiday baskets directly to the apartment residents, with the help of the girl scouts.

After COVID we moved the mini market to a large covered porch on the front of the apartment building. So far the weather has been mild to hot. With COVID extending through the winter months, we will have to bundle up!

**Submitted by:** Peggy McKelly



*Serving clients inside the senior apartment building*



*Set-up groceries on the porch*



*Due to COVID-19, moved the mini market service to the open porch*

# OUR LADY OF PERPETUAL HELP LOC CHRISTMAS GIVEAWAY

Due to the COVID-19 pandemic, restrictions were imposed by the local government on social distancing and mask wearing. Therefore, for the first time in 50 years, the Ladies of Charity at Our Lady of Perpetual Help (LOC) altered its Christmas Project Giveaway to comply with these restrictions while still continuing to serve the neediest in the community.

One of the major differences was the solicitation of monetary donations from the OLPH Church Family for the Giving Tree Project. Also, in lieu of flowers the Wilkinson family requested donations to be made in memory of Mrs. Earline Wilkinson, a LOC member. A special thank you to all those who gave so generously toward the Giving Tree portion of the Christmas Project.

In total 100 families were served, 66 of those families had a total of 165 children. The donations to the Giving Tree enabled us to provide the children with new books, hats, scarves, gloves, socks and toys. In addition to the Giving Tree portion of the Christmas Project, the LOC provided a copy of the Josephite 2021 Calendar, a turkey and \$50 Giant Foods Gift Card for each family. The clients were very happy. One client in particular presented a card of appreciation to the Church for the kindness given to his family.

Thank you to our Pastor, Very Rev. Michael Thompson, SSJ for allowing the LOC to continue its tradition of serving the neediest in the community at Christmas during this pandemic. Kudos to all those who worked extremely hard and safe to make this Annual Event a success!

**Submitted by:**  
Nicky Wilkinson, Committee Chair  
Christmas Project Giveaway



*Assortment of Children Books*



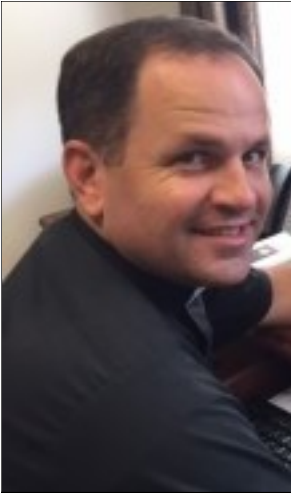
*Lorraine Parker-Miller and Charlene Hursey  
sorting gifts for distribution.*



*Assortment of winter socks, hats, gloves and scarves  
as well as toys for giveaway*

# ADW LOC DAY OF REFLECTION "FALL CLEANING"

Submitted by: Toni K. Gaines



On October 24, 2020, the Archdiocese of Washington Ladies of Charity sponsored a Day of Reflection held at the Church of the Assumption of the Blessed Virgin Mary in Washington, DC. The theme was, "Fall Cleaning, - Get Your House In Order" facilitated by Father Greg Shaffer - Pastor.

Due to COVID-19, the event could be viewed Live Streaming on Facebook/YouTube or a limited amount of attendees could participate in-person. The day started with breakfast (in-person) at 9:00 am; First Talk from 9:30—10:30am; Meditation from 10:30—11:30; Recitation of the Rosary from 11:30—12:00pm; Mass at 12:10pm; Lunch 12:45—1:30pm; Second Talk from 1:30—2:30pm; 2:30—3:00pm Adoration; and Mass at 4:00pm.

"Fall Cleaning" of the soul was the activity for the day. Fr. Greg gave hand-outs showing a 4 bedroom model home with floor plans of the 1st and 2nd levels of the home, naming each room on each level (kitchen, living room, bedroom, etc.). Then, he gave us floor plans showing a home for the soul. The rooms were labeled on the 1st floor (faith, hope, charity, prudence, patience, justice, temperance and fortitude). The 2nd floor rooms were named (chastity, meekness, humility and generosity).

The rooms of the soul are the "7 habits of highly effective Christian people." Virtues lead to happiness, freedom; means between extremes; and who we are and want to be. **PRUDENCE** is the guide for all the virtues; take the appropriate action (*slow down for speed cameras*); **JUSTICE** give to everyone what is due them (*returning extra money from cashier*); **FORTITUDE** courage to be Catholic (*defending Church teaching*); **TEMPERANCE** moderation with pleasures, food, drink (*having one or two donuts only*); **FAITH** conviction of things not seen that affects our daily lives (*Daily prayer*); **HOPE** trust in Jesus (*"God will provide"*); and **CHARITY** love of God and neighbor (*saying only good things about others; no gossip*).

On the 2nd floor of the soul are **CHASTITY** sexual and emotional purity (*watching safe/neutral shows and reading safe/neutral literature; take custody of the eyes; control images brought in the mind*); **MEEKNESS** control of resentments and anger (*forgiving others*); **GENEROSITY** giving of time, talent and treasure (*volunteering*); **HUMILITY** honesty (*giving thanks to God daily for everything*); and **PATIENCE** persistence (*keep praying; never give up*).

"Do not let your hearts be troubled. You have faith \* in God; have faith also in me. In my Father's house there are many dwelling places. If there were not, would I have told you that I am going to prepare a place for you?"

And if I go and prepare a place for you, I will come back again and take you to myself, so that where I am you also may be. Where I am going you know the way."

Thomas said to him, "Master, we do not know where you are going; how can we know the way?" Jesus said to him, "I am the way and the truth and the life. No one comes to the Father except through me."

John 14:1-6

\* If we acknowledge our sins, he is faithful and just and will forgive our sins and cleanse us from every wrong doing."

1 John 1:9

## PRAYER BEFORE SURGERY

*Loving Father, I entrust myself to Your care this day. Guide with Your knowledge and wisdom the minds and hands of the doctors, nurses and medical staff who will perform this surgery.*

*Give them insight, patience and great skill to remove every cause of illness within me, that I may be freed of all disease, restored to good health and have many more years to know, love and serve You in this world as well as to be a blessing to my family and those in need.*

*In the spirit and humble example of Saint Pio, I commend my body and my soul to Your loving care, dearest Lord. Amen.*

Take from:  
Prayers for Healing and Good Health





*In  
Loving  
Memory  
of*

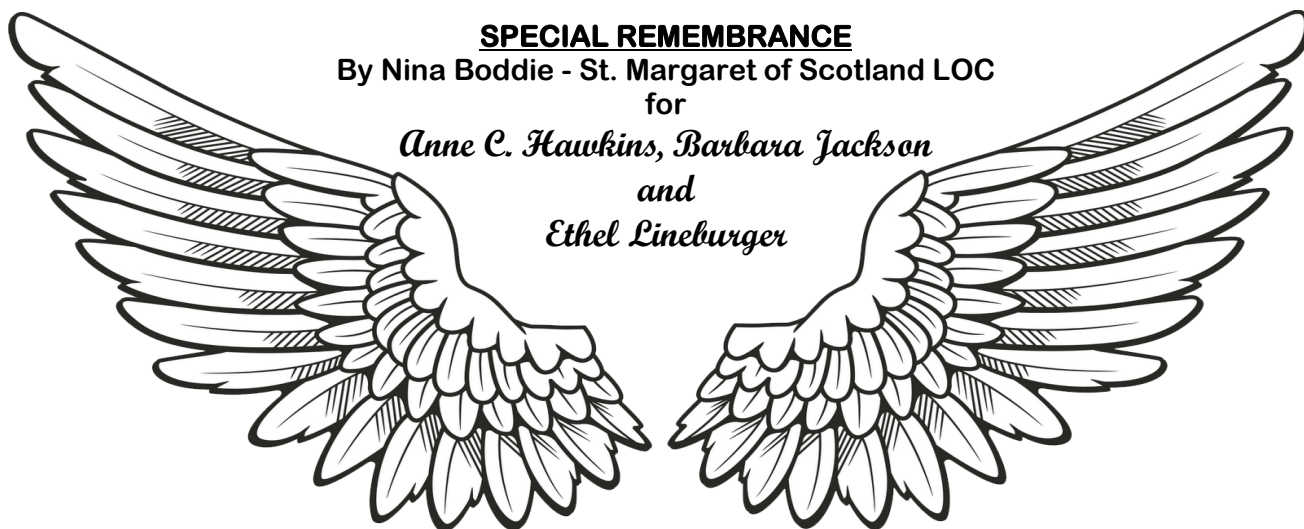


<u>FIRST NAME</u>	<u>LAST NAME</u>	<u>DATE OF DEATH</u>	<u>PARISH UNIT</u>
Olivia	Glover	November 26, 2020	St. Benedict the Moor
Gertrude	Hebron	November 17, 2020	St. Margaret of Scotland
Roberta	Harrod-Brooks	November 1, 2020	Our Lady of Perpetual Help
Earline	Wilkinson	October 10, 2020	Our Lady of Perpetual Help
Marge	Dykton	October 7, 2020	Mount Calvary
Barbara	Osborne	July 23, 2020	St. Hugh of Grenoble
Lorraine	LaValley	June 19, 2020	St. Ignatius of Loyola
Constance B.	Dunnington	June 4, 2020	Our Lady of Perpetual Help
Frederick "Fred"	Lewis	June 4, 2020	Our Lady of Perpetual Help
Amy	Stout	May 22, 2020	St. Mary of the Mills
Yvonne	Brown	May 15, 2020	St. Margaret of Scotland
Gloria	Henderson	April 19, 2020	St. Margaret of Scotland
Evelyn	Quander Rattley	April 10, 2020	St. Benedict the Moor
Margaret Eduardina	Coleman	April 7, 2020	Our Lady of Perpetual Help
Fannie Ester	Williams	March 17, 2020	St. Martin of Tours
Dora	Washick	February 24, 2020	St. John Baptist de la Salle
Lessie	Quander	January 5, 2020	St. Gabriel
Mary Edith	Fairley	December 11, 2019	St. Martin of Tours
Carolyn	Hamilton	October 6, 2019	St. Gabriel
Cora	Guerra	September 29, 2019	St. Gabriel
Eunice	Gilbert	September 14, 2019	St. Ignatius of Loyola
Eric	Smith	August 26, 2019	Our Lady of Perpetual Help
Anna Mae	Stewart	August 3, 2019	Our Lady of Perpetual Help
Letha	Hester	July 19, 2019	Our Lady of Perpetual Help
Marilyn	Hayden	June 25, 2019	St. Jane Frances de Chantal

**SPECIAL REMEMBRANCE**

By Nina Boddie - St. Margaret of Scotland LOC  
for

*Anne C. Hawkins, Barbara Jackson  
and  
Ethel Lineburger*



# 40th LCUSA NATIONAL ASSEMBLY KNOXVILLE, TN



*A View of Knoxville, TN*

The 40th Annual LCUSA National Assembly will be held in Knoxville, TN from August 27-28, 2021. You are encouraged to attend to gain insight on the happenings among the Ladies of Charity associations from all over the country.

The Association of Ladies of Charity in Knoxville is diligently planning for the Assembly so that your stay will be a pleasant and memorable experience. The theme for the Assembly is **“Seeing Christ in the People We Serve.”** Accommodations will be at the Crowne Plaza Knoxville Hotel located at 401 West Summit Hill Drive, Knoxville, TN 37902. You can visit the website at [www.crowneplaza.com/knoxville](http://www.crowneplaza.com/knoxville) or call 865-522-2600. At the time of this publication, the cost of hotel accommodations, registration fee and deadline dates for special hotel rates have yet to be determined.

In addition, you will be able to purchase program ads to help defray the cost of the assembly as well. Visit the LCUSA website <https://aic.ladiesofcharity.us/national-assembly-2021/> for additional information.



Servant of God Father Augustus Tolton  
(1854 - 1897)

Father Augustus Tolton was born into slavery in Missouri, where he escaped with his mother and siblings by crossing the Mississippi River into freed Illinois. Impressed by Augustus' intelligence and piety, several priests tried to get him into the seminary which proved to be impossible. In 1880, Augustus began his priestly studies in Rome. He was ordained a priest on April 24, 1886. He is recognized as the first Black American priest. Fr. Tolton celebrated his first Mass in Quincy, Illinois before a large crowd of whites and blacks. The next day he was assigned to pastor St. Joseph Church, a small poor black parish. Although his priesthood was hampered by isolation and economic hardship, Fr. Tolton remained a symbol of fidelity and priestly dignity. Pastor of St. Monica in Chicago, Fr. Tolton became the spiritual leader of the 19th century National Black Catholic Congress. He died at Mercy Hospital, a victim of heatstroke, on July 9, 1897.

**Servant of God Father Augustus Tolton lived a spirit-filled life. Let us pray:**

**Prayer for the Canonization of Father Augustus Tolton**

O God, we give you thanks for your servant and priest, Father Augustus Tolton, who labored among us in times of contradiction, times that were both beautiful and paradoxical. His ministry helped lay the foundation for a truly Catholic gathering in faith in our time. We stand in the shadow of his ministry. May his life continue to inspire us and imbue us with the confidence and hope that will forge a new evangelization for the Church we love.

Father in Heaven, Father Tolton's suffering service sheds light upon our sorrows; we see them through the prism of your Son's passion and death. If it be your Will, O God, glorify your servant, Father Tolton, by granting the favor I now request through his intercession (*mention your request*) so that all may know the goodness of this priest whose memory looms large in the Church he loved.

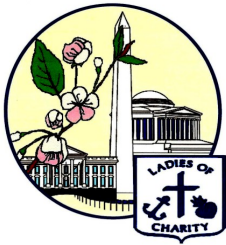
Complete what you have begun in us that we might work for the fulfillment of your kingdom. Not to us the glory, but glory to you O God, through Jesus Christ, your Son and our Lord; Father, Son and Holy Spirit, you are our God, living and reigning forever and ever. Amen

**Please report any spiritual or physical favors granted as a result of prayers through the intercession of Fr. Augustus Tolton to:**

**Office of the Cardinal  
Archdiocese of Chicago**

**835 North Rush Street  
Chicago, IL 60611**

**[www.toltoncanonization.org](http://www.toltoncanonization.org)**



Ladies of Charity  
 Archdiocese of Washington  
 3301 Spriggs Request Way  
 Mitchellville, MD 20721

PLACE  
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### 2021 UPCOMING CALENDAR OF EVENTS

<u>DATE</u>	<u>EVENT</u>	<u>PLACE</u>
February 6	ADW LOC Board Meeting Reflection 10:00 AM	Virtual Zoom Meeting
March 13	DC Parish Units Quarterly meeting 10:00 AM	Free Conference Call
June 5	ADW LOC Board Meeting Reflection 10:00 AM	Virtual Zoom Meeting
June 12	DC Parish Units Quarterly meeting 10:00 AM	Free Conference Call

### ARCHDIOCESE OF WASHINGTON LOC NEWSLETTER:

#### News Deadline:

The deadline to submit articles and photos for the July 2021 issue of the ADW LOC Newsletter:

- Deadline is **June 15, 2021** at the latest. Earlier submissions are encouraged and appreciated.

Newsletters are issued twice a year (January and July). Please share information about your LOC unit projects, fundraisers and other activities with fellow LOC members. We would like to hear from you.

Articles and photos can be sent via email to: [tkgaines@msn.com](mailto:tkgaines@msn.com) indicating as the subject, **"Newsletter Submission."**