

Spiritual Advisor
Reverend Carl F. Dianda

Spiritual Moderator
Sr. Sandra Goldsborough, D.C.
Sandra.Goldsborough@provhosp.org

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Archdiocese of Washington Ladies of Charity

"To Serve Rather Than Be Served"
In Humility, Simplicity and Charity

Message from the President



On June 7 following a Mass by Reverend Carl F. Dianda in the chapel at Providence Hospital, Washington, DC, I was installed as Executive Board President for the Archdiocese of Washington (ADW) Ladies of Charity (LOC), along with the other ADW LOC Executive Board members for 2014-2016. I vowed to serve as President for the next two years to the best of my ability. Though I am relatively new to the LOC, after attending the first ADW LOC Executive Board meeting, I was heartened that I will be serving with a highly dedicated and experienced Executive Board. I am privileged and humbled to serve.

By way of introduction, I am a native of St. Paul, Minnesota and moved to Bethesda, MD in 1988. I was fortunate to meet my husband, David J. Hand, at a Montgomery County Catholic singles home Mass. We have been married for 21 years and live in Bethesda.

I am a Registered Nurse by background and I retired from the National Institutes of Health in June 2013. The focus of my professional work has been in the area of heart attack prevention and early recognition and treatment of heart attacks. I also served in the Army Reserves as a member of the Army Nurse Corps for 22 years and retired in 2003, having achieved the rank of Colonel.

I have been a member of St. Jane Frances de Chantal parish, Bethesda, MD, for over 25 years where I sing in the parish's Contemporary Ensemble and participate in the St. Jane Frances de Chantal Sodality. I served as my Sodality Unit's (St. John Neumann's) co-chair for two years and I coordinated the Parish's Anniversary Brunch for four years with assistance from other Unit/Sodality members.

After my retirement last year, I became involved with the Montgomery County LOC through the encouragement of Maryann Rooney who is a member of my Sodality Unit and President of the Montgomery County LOC. I joined Maryann and several other Montgomery County LOC members at the Bethesda Health and Rehabilitation facility where we assist with our Parish's weekly Masses communion services, for the residents. I am also a new Extraordinary Minister of Holy Eucharist and will be assisting with administering Holy Communion at the Bethesda Health and Rehabilitation facility and at Suburban Hospital in Bethesda.

This spring (prior to assuming the ADW LOC Board President duties), I was able to attend the beautiful ADW LOC Annual Mass and Communion Brunch that was held on the feast of St. Louise de Marillac on March 15, 2014 at St. Anthony of Padua, North Beach, MD. What a lovely setting and event! I was pleased to attend the Annual May Day Celebration and Crowning of the Blessed Mother at St. Ann's Center for Children, Youth, and Families, Hyattsville on May 3rd and to meet Sister Mary Bader, DC.

As the new Board President I wish to extend a heartfelt thanks to Dr. Rita L. Robinson for her extraordinary service as ADW LOC President for the last two years. Among her last activities as President was to ensure a smooth transition with the Executive Board. I am pleased Dr. Robinson will continue as Board Advisor, in addition to her important role as Vice President for the Middle Atlantic Region for the Ladies of Charity of the United States (LCUSA). Dr. Robinson has written a beautiful farewell message as the ADW LOC outgoing President in this issue of the newsletter.

I want to also thank the ADW LOC Board for their renewed commitment at the June meeting, for their hospitality toward me as the new President, including Fr. Dianda for his support of the ADW LOC. I wish to welcome as well, Sister Sandra Goldsborough, DC as our new Spiritual Moderator. I recently experienced the ADW LOCs “in action” when they responded quickly and generously to a request from TASSC (Torture, Abolition and Survivor Support Coalition) for items for six survivors moving to TASSC’s transitional housing. Within a day, TASSC said their need had been met! I wish to thank Ms. Toni Gaines for disseminating this request to the ADW LOC, resulting in such an overwhelming response. TASSC was deeply grateful, as am I, for supporting this request.

Looking ahead, I plan to attend the 2014 National Assembly in Milwaukee, September 11-13 with the theme of “Just Care! Vincentian Women in Action,” highlighting how we as Ladies of Charity can support family caregivers. Attending the National Assembly will help me to better understand and support the LCUSA’s goals, as well as those of our ADW LOC. I hope to say more about these goals in my next message. I look forward to meeting many of you in the future. Until then, I wish you all a blessed and relaxing summer.

Mary Louise Hand
President
ADW LOC

Let us pray for one another

On MONDAY at 9:00 am, remember to pray for Ladies of Charity as they continue the good works of their ministry. My God, I humbly beg you to make me an instrument of your love, give me the grace of performing all my actions to help my neighbor with charity, humility, and simplicity.

It is my hope, Lord, that fidelity in the practice of these virtues may obtain the reward which you have promised to those who serve you in the person of the poor.

Archdiocese Executive Board 2014—2016

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Prince George’s County Ladies of Charity Quarterly Meeting. The LOC of St. Hugh Church will host the quarterly meeting on Sunday the 7th of December, at 2:00 PM

“Just Care! Vincentian Women in Action”

Is the theme this year for the National Assembly held in Milwaukee, Wisconsin from September 11-13 at the Hilton Milwaukee City Center at 5th Street and Wisconsin Avenue.



“While we do our good works let us not forget that the real solution lies in a world in which charity will have become unnecessary.”

— Chinua Achebe, *Anthills of the Savannah*

Farewell Message from the Past President—Dr. Rita L. Robinson



I leave the position as President of the Ladies of Charity of the Archdiocese of Washington with mixed feelings. In some respects, it seems that my installation as President, on June 2, 2012 was just yesterday. Yet, here we are two years later. There is some sadness

(small), but, to be perfectly honest, there is also a feeling of relief knowing that there is another very capable woman ready to take over the reins as our new President. I am more than happy to turn the gavel over the Ms. Mary Louise Hand, the newly installed President. She comes highly recommended and has a wealth of leadership experience.

It truly has been a real joy working with the ladies and gentlemen of the Archdiocese. The many hours we devoted to planning and executing various events were well spent. I certainly have the feeling of having accomplished the duties and responsibilities expected of me as President. Together we have devoted hours, using our time and talents in making the Ladies of Charity of the Archdiocese of Washington a viable and committed part of LCUSA. I think back on the May Day Celebrations at St. Ann's, the Annual Communion Brunches celebrating the Feast Day of St. Louise de Marillac and the many acts of Charity in serving the less privileged in our community and I am humbled.

As the immediate past President, I certainly will remain and take an active role in our association. Among my many commitments, leaving the role of President will allow me more time to focus on my role as Vice President for the Middle Atlantic Region.

Reflecting back on my time as President, I know that, we as an association have taken the time to respond in various ways to our brothers and sisters in need. We have sought every opportunity to make Christ present

by serving the material and spiritual needs of the sick, the poor and the marginalized of our society. Our charitable works include but are not limited to, feeding the hungry, operating food pantries, offering monetary donations to victims of natural disasters, visiting the sick, distributing the Eucharist to the Home Bound, supplying clothing and shoes for those in need and supporting the work of other like minded organizations. **We Ladies of Charity are workers!**

As I leave my role as President, I would strongly urge us as an association to spend more time getting to know and appreciate our History and to make a concerted effort to incorporate Vincentian Spirituality in every thing that we do. I think that so often we get caught up in the "doing" and sometimes the bigger picture gets lost, that is, **"To provide Vincentian leadership to women acting together against all forms of poverty."** St. Vincent came to the conclusion that in serving those living in poverty one serves Jesus Christ.

In 2017, we will be celebrating the 400th anniversary of the Founding of the Ladies of Charity. Now is an opportune time to seek to deepen our understanding of our Mission and our unique spirituality as Vincentian Women. As the International Secretariat stated, "in order to serve and to give ourselves to our most vulnerable brothers and sisters, we must have "something" to give them. We obtain this "something" if we strengthen and fill our interior with love, that is, with love for our brothers and sisters, with love for suffering and needy brothers and sisters.

We do recognize the need for spiritual strengthening as evidenced by our upcoming Retreat. **Our retreat will be held on Saturday, November 15, 2014 at St. Joseph's Seminary.** Here we will increase our understanding of Vincentian Spirituality as well as renew and nurture our spiritual, personal, and community life. We look forward to seeing all the Ladies of the Archdiocese of Washington.

I leave you with the words of St. Elizabeth Ann Seton, "Faith lifts the soul, hope supports it, experience says it must, and love says let it be."

Love!

A Celebration of Vincentian Spirituality



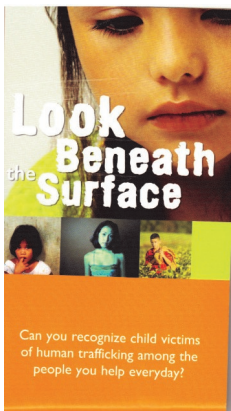
Mark your calendars for Saturday, November 15, 2014. On that day, all Ladies of Charity and Junior Ladies of Charity are invited to a day retreat at St. Joseph's Seminary, 1200 Varnum St. NE (around the corner from Providence Hospital). The day will begin at 9 am with a Continental Breakfast, followed by a presentation given by LCUSA's Vincentian Spiritual Moderator, Sr. Fran Ryan. The day will provide time for meditation and a panel discussion to include two local Ladies of Charity and two Daughters of Charity. Music and reflection will be provided by Sr. Sandra Goldsborough, Archdiocese Vincentian Spiritual Moderator, with a closing Mass celebrated by Fr. Dianda, Archdiocese Vincentian Spiritual Advisor.

This will be a special time for the Ladies and Juniors to focus on the true meaning of Vincentian Spirituality. A spirituality we all believe in as Ladies of Charity. More details will be forthcoming as the time grows closer. This day retreat will be in lieu of the October General Assembly held at Carroll Manor. The Archdiocese Board of Directors looks forward to making this a special day by sharing time, prayer, and love as we bond together in the service of others.

The motto, 'the Charity of Jesus Crucified Urges Us', given by St. Louise to her religious family can be used in reference to her own life and the life we have today. Mark your calendar for Saturday, November 15, and arouse new life in your spiritual ministries as Ladies of Charity!!

Lucy Ann Saunders
LCUSA Past President

Human Trafficking – Human Tragedy



Look Beneath the Surface! Can you recognize child victims of human trafficking among the people you help every day? Support Child Victims of Human Trafficking. If you suspect a child is a victim of human trafficking, call the National Human Trafficking Resource Center at 1.888.373.7888. This hotline can help victims safely and securely rebuild their lives by helping you connect them to basic services. For more information about human trafficking visit www.acf.hhs.gov/trafficking.

On February 8, the church commemorated the life of St. Josephine Bakhita, a Canossian Sister who was kidnapped and sold into slavery. The history of her life inspires not passive acceptance but the firm resolve to work effectively to free girls and women from oppression and violence, and to return them to their dignity in the full exercise of their rights.

Holy Ghost Issue, MD

Holy Ghost LOC loading items for the ReUseBarn, a Charles County Charity that partners with the Ladies in recycling yard sale items.



Submitted By:
Lucy Saunders



Visit our website <http://ladiesofcharityadw.org/>
This website is designed to keep you informed about events in our Archdiocese.

St. Ignatius of Loyola Fort Washington, MD

The Ladies of Charity at St. Ignatius welcomed a new president, Lynette Smith, at our May quarterly meeting. Lynette is a new member with many new ideas and goals for our unit for the upcoming year.

We have actively been recruiting new members since the fall of 2013 and we are happy to welcome 4 new members so far this year. Lynette Smith, Bertha Turner, Jackie Chancio, and Earline Parks.



Induction of new members at Mt. Calvary - March 2014

In February, we held our first annual Baby Shower to benefit Forestville Pregnancy Center and Gabriel Project. We were overjoyed with the tremendous generous support of our parishioners. We collected over \$300.00 in cash, and many baby items. In addition, we received many hand-made sweaters and blankets from our sewing group. All of the items were delivered at the Prince George LOC quarterly meeting in March.



School Drive Supplies for J. Frank Dent Elementary in Ft. Washington, MD

At our February quarterly meeting, we voted that we would adopt a school in our area to help with the many supplies that are needed throughout the school year. In March, we were able to stock the shelves of their school store with many needed supplies that had been depleted throughout the year. We will be continuing the school drive this fall for the upcoming year. Our Ladies will be delivering new supplies in August.

Our Memorial Mass will be held in July; and, in August we will be hosting the Sacred Heart Nursing Home birthday party.

The Ladies of St. Ignatius are committed to giving support to our neighbors and feel blessed that we have been given the opportunity to do so.

**Submitted By:
Diana Gritz**

OLPH Installs New Officers

The Ladies of Charity at Our Lady of Perpetual Help install new officers for the 2014-2016 term. The Very Rev. Thomas Frank, SSJ – Pastor officiated the installation.

Pictured left to right: Marlene Oliver – Sergeant-at-Arms; Dallas Lewis – Financial Secretary; Jamila Stone – Recording Secretary; Lucie Shepherd – Treasurer; Roberta Dade-Young – Vice President; and, Gladys Reid – President.

**Toni K. Gaines, President
District of Columbia Parish Units**



Induction of New Members at OLPH

By: Toni K. Gaines

On Pentecost Sunday, the Ladies of Charity (LOC) at Our Lady of Perpetual Help Church (OLPH) in Washington, DC inducted five (5) new members into its unit. The Very Reverend Thomas Frank, S.S.J., Pastor officiated the solemn ceremony. The Holy Spirit has truly blessed OLPH with both men and women in its LOC unit. What a testimony to the true working of the Spirit among us. Congratulations! Keep up the good work in serving the less fortunate as our founders taught us in humility, simplicity, and charity.



**October 12th
District of Columbia
LOC Quarterly Meeting
after 7:30 am Mass
St. Gabriel's Church
Washington, DC**

Cup of Joe District of Columbia Parish Units



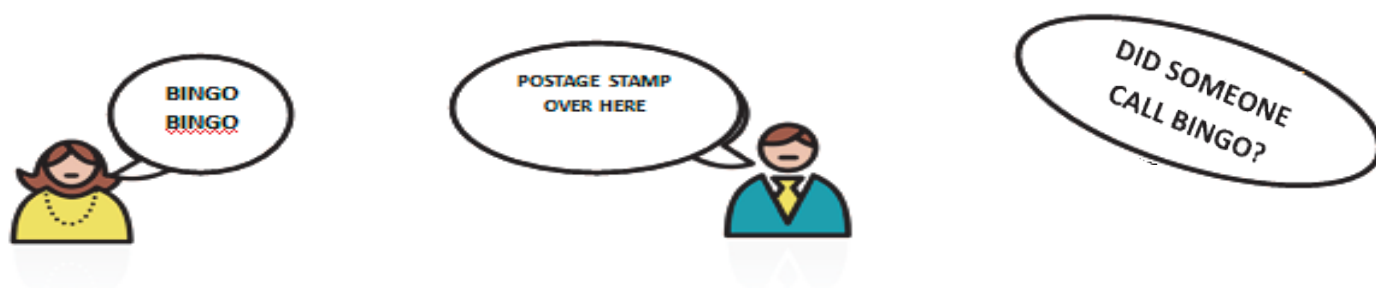
From left: Evelyn Rattley, Odell Allen and Marie O'Neal

On June 2, 2014, the Ladies of Charity (LOC) from St. Benedict the Moor volunteered for the first time to work the Cup of Joe project. Cup of Joe is a breakfast pack program serving the men and women at Catholic Charities' homeless shelters throughout the Archdiocese of Washington. Kevin O'Brien, Coordinator - Cup of Joe, from Catholic Charities attended one of our District of Columbia LOC quarterly meetings to explain the program and seek volunteers to partner with Catholic Charities in meeting the needs of the homeless in our community. The Ladies at St. Benedict answered the call. Ms. Odell Allen, President of the LOC at St. Benedict, Evelyn Rattley and Marie O'Neal collectively packed 432 bags filled with breakfast items and delivered them to the Harriet Tubman Women's Shelter. The Ladies plan to volunteer once a month on this project in partnership with Catholic Charities whose goal is to provide breakfast to every homeless person possible.

Also, Sharon Graham, President of the LOC at Holy Comforter/St. Cyprian Church announced their unit's donation of \$1,000.00 to the Cup of Joe project as a result of the proceeds from their annual fundraiser. Each year their LOC group participates in the Saint Mary's of Landover Hills Car Raffle. This year the ladies decided to partner with Catholic Charities in their efforts to help feed the homeless. Indeed, this money will go a long way in assisting those disenfranchised in our community. Ladies, great job!

**Submitted by:
Toni K. Gaines, President
District of Columbia Parish Units**

SACRED HEART NURSING HOME BINGO



The St. Matthias Ladies of Charity hosts the bingo activity twice a year, April and October, for the residents at the Sacred Heart Nursing Home in Hyattsville, Maryland. Approximately 25 to 35 residents participate in the activity, both men and women.

B I N G O				
7	25	44	57	62
15	22	40	50	70
11	30	FREE SPACE	46	74
2	28	37	55	68
10	27	39	59	75

The LOC provides the prizes, which consist of a selection of personal items, a variety of novelty items, and snacks. During the bingo, the LOC help residents with disabilities to locate and cover the numbers that are called. Bingo is won the old fashion way (vertical, horizontal, diagonal) or postage stamp (four numbers in any corner). The last game of the day is black out (all numbers covered). Some of the residents play with two cards, these are the pros. It is delightful to see how much enjoyment the residents receive when they shout “BINGO”. Everyone has fun whether they win or not, and they all



Submitted By: Gwen Johnson
Saint Matthias
Lanham, MD

PLEASE REMEMBER OUR SICK

Father of goodness and love, hear our prayers for the sick members of our community and for all who are in need. Amid mental and physical suffering may they find consolation in your healing presence. Show your mercy as you close wounds, cure illness, make broken bodies whole and free downcast spirits. May these special people find lasting health and deliverance, and so join us in thanking you for all your gifts. We ask this through the Lord Jesus who healed those who believed. Amen.



St. Anthony of Padua North Beach, MD Hosts Annual St. Louise de Marillac Communion Brunch

On March 15, 2014, St. Anthony of Padua in North Beach, MD hosted the Annual St. Louise de Marillac Communion Brunch sponsored by the Archdiocese of Washington Ladies of Charity. Rev. David Russell, Pastor was the principal celebrant and homilist with Rev. Carl Dianda, Spiritual Advisor ADW Ladies of Charity serving as the concelebrant of the Mass. Dr. Rita L. Robinson, President of ADW Ladies of Charity introduced the guest speaker Ms. Norma Houston of HELP Association at the brunch. A good time was had by all.

**Submitted by:
Toni K. Gaines**



March 14, 2015
Annual St. Louise de Marillac Brunch
10:00 am Mass
St. Mary of the Mills Church
Laurel, MD



Junior LOC Graduates Magna Cum Laude



Christen L. Berger

The ADW Ladies of Charity applaud our featured graduate, Christen L. Berger. Christen attended St. Margaret of Scotland Catholic Academy at the age of three years old. In 2006, she became one of the first members of the Junior Ladies of Charity at St. Margaret's parish. Currently, Christen is a graduating senior at The Great Bethune-Cookman University, majoring in Elementary Education with a minor in Psychology. She will proudly walk across the stage with the honors of Magna Cum Laude on May 14, 2014 at 2:00 pm at the Daytona Beach Ocean Center. After graduation, Christen plans to relocate to Virginia for a few job opportunities. Within the next few years, her ultimate goal is to open her own Early Learning Center because she loves children and firmly believes that the foundation for education must start at an early age. The ADW Ladies of Charity congratulates Christen L. Berger on achieving this important milestone in her life. We know she will continue to make a positive difference in the lives of all those she encounters in humility, simplicity, and charity.

CATHOLIC CHARITIES COMMON PRAYER

Lord Jesus, open our eyes that we may see you in all our sisters and brothers.

Open our minds that we may understand their hopes and dreams, their sorrows and pain, their longing for you.

Open our hearts to give generously of ourselves.

Grant us wisdom to respond effectively to the needs of your people with grace and compassion.

Give us the courage to speak your words of life, peace, love, mercy and human solidarity.

Bless the people, whom we serve, and strengthen the staff and volunteers who reach out to them every day in your spirit of Charity.

Amen

A Woman In Catholic American History

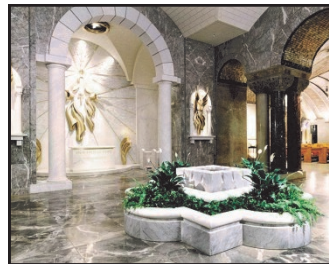
Dolores Hope was born in Harlem to an Irish mother and an Italian father. She worked as a professional singer in New York City and married Bob Hope, the comedian, in 1934.

Despite being a talented vocalist, Dolores took time out of her career to raise four adopted children. She appeared in many of her husband's television shows and on occasion accompanied him on his tours entertaining American troops. One Christmas, they were entertaining the troops in Vietnam and Dolores performed "Silent Night" with such feeling that it reduced many of the soldiers to tears. That is but one example of how Dolores impressed others with her profound love of God.



Dolores Hope

She also had an abiding passion for improving the lives of others and was known as a champion of Catholic charities. The Archdiocese of Los Angeles benefited regularly from her generous donations. The Hope's home had a chapel, and Dolores had a little way of encouraging their celebrity friends to read Catholic spirituality books.



John Paul II gave Bob and Dolores the honour of being a Knight and Dame of St. Gregory the Great. Dolores was one of the very few women in the world to achieve this, along with Phyllis Bowman.

Our Lady of Hope—This chapel of Italian white Carrara and Fior de Pesco marble, ornamented with bronze sculptures of Mary and two angels, is the gift of Bob and Dolores Hope in memory of Avis Townes Hope, the mother of the entertainer. The chapel was dedicated in May 1994. Dolores Hope had been a frequent visitor of the National Shrine and attended its dedication in 1959.

Dolores enjoyed a revival of her singing career in 1993 and recorded five albums. She died in 2011, aged 102.

**Submitted By: Jackie Bates
Saint Matthias Apostle Church**



TASSC (*Torture Abolition and Survivors Support Coalition*) International is a non-profit organization whose members are survivors of torture. Founded in 1998, TASSC is dedicated to offering support to those who have been tortured and to the abolition of this worldwide crime against humanity. The organization provides a range of medical, legal, and psychological support. TASSC also offers free transitional housing for up to 6 months for 8 male survivors.

(Visit <http://www.tassc.org> for additional information.)

The ADW Ladies of Charity (ADW LOC) have supported TASSC in the past. Recently, Katherine Crosson a volunteer with TASSC put out a call for help. They had several needs in preparation for moving in 6 survivors to the home on **Saturday, June 21**:

- 4 twin mattresses
- 8 mattress covers
- 8 pillows
- 16 sets of twin bed sheets (fitted, flat, and pillow cases)
- 3 dressers

As always, the ADW Ladies of Charity responded to the call. Ms. Crosson reported that the response from the ADW LOC to its request was wonderful. They now have all of the dressers, mattress covers, and pillows that they requested. In addition, a Jewish organization is giving them the sheet sets. TASSC was able to reach its goal. Ms. Crosson was awestruck by the ADW LOC generosity and timely response. She expressed her deepest gratitude and commented: "A simple ask and we have been blessed."

The TASSC Executive Director sent a note to the ADW LOC expressing their profound thanks to the generosity of the LOC, notably Kim Taylor, Sheila Moretz, Jeff Caron, Pat Kennelly and at least three other members.



**SAVE
THE
DATE**

1st Annual LOC One-Day Retreat

SATURDAY, NOVEMBER 15, 2014

9:00 AM – 4:00 PM

ST. JOSEPH SEMINARY

1200 Varnum Street, NE

Washington, DC 20012

\$25.00

Continental Breakfast & Lunch

1st Annual LOC Retreat for the entire Archdiocesan membership. Unit Presidents, please obtain a preliminary headcount of your members planning to attend the Retreat in November. A headcount is needed not later than September 1st. The headcount should be provided to Toni Gaines by phone at 301-218-0188 or via email at tkgaines@msn.com



PRAYER: for the virtues of Saint Josephine

O Holy Trinity, Father, Son and Holy Spirit, we thank you for the gifts of humility and charity which you bestowed on Saint Josephine Bakhita Deign to glorify her for her singular virtues and grant the prayers of those who invoke her. —Amen.

Sister Catherine Fitzgerald, DC Retires to Emmitsburg



After 6 years of being the Spiritual Moderator of the Archdiocese of Washington Ladies of Charity, and celebrating 61 years of Religious life, Sister Catherine and her family felt she had worked long enough and needed to rest. Sister Catherine has always been active in her community as a Teacher, Administrator, Seton Shrine Director, Parish Minister, Volunteer GED math Teacher in Baltimore, and coordinator of many other assignments. She lived all over the United States; but, most recently in Baltimore at St. Agnes Hospital where she planned liturgies for their programs. Of course, we all know her work with the LOC and her commitment to us as a Spiritual leader.



Sister Catherine was born and raised in Washington DC and had 7 brothers and sisters. Her parents worked hard to raise their family in strong Catholic faith. When Sister Catherine was asked about her decision to become a nun, she said "I had a marriage proposal but just couldn't say 'yes' yet. I made a novena to the Holy Spirit and in the middle of it much to my surprise God let me know he wanted me to serve Him as a religious. So, in the fall, I returned to Emmitsburg, not as a college junior, but to become a postulant! Dare I add that my friends were shocked! But, God will have his way and here I am some 60 plus years later with no regrets!!!" Sister Catherine said one of the joys of her life was when we asked her to be-

come our Spiritual Moderator. She noted our true faithfulness to the Ladies of Charity motto "to serve rather than be served." Sister said "they truly serve as models in their tireless efforts to help the needy." Sister Catherine was always here when we needed her. She assisted us with liturgical issues and programs, our 2012 National Assembly, and Sister loved to travel with us to National Assemblies in other regions of the US. She will not be forgotten for all her effortless assistance she gave to us over the years.

If you would like to drop Sister Catherine a card or note her information is below:

Sister Catherine Fitzgerald, DC
Villa St. Michael-St. Joseph House
333 South Seton Avenue
Emmitsburg, MD 21727-9299
 Room Phone Number (301) 447 7170
Email: Catherine.Fitzgerald@doc.org

Thanks Sister for all your love and patience to the Archdiocese of Washington Ladies of Charity. We will miss you. **And happy retirement..... remember to rest!!!!**

Submitted By:
Debbie Self

A Letter from Sister Catherine

May 29, 2014



Dear Ladies of Charity,

I hope and pray that you know how special you are! For the years I was privileged to serve as your moderator were very special to me. I have been asked to accept a new ministry - a ministry of prayer. Please be assured that you are high on the list. It was a difficult "yes" for me but my family

thought I had worked long and hard and helped me to accept this new mission.

It is difficult to find the appropriate words to thank you for you all are so wonderful! I will always treasure your beautiful witness of dedication to those in need. Many of you might already know that the Daughters of Charity take a fourth vow to serve the poor. Without doubt, I witnessed that in the service of the Ladies of Charity.

Before coming here the Lord inspired me to visit our sick Sisters every day. It has been a joy! They are so accepting of their limitations it is truly a beautiful witness. Please keep me in your prayers. Be assured that you are in mine. May the good Lord continue to bless you for all you do in His name.

With much love,
Sister Catherine, DC

Sister Moderator Archdiocese of Washington

My name is Sister Sandra Goldsborough, DC. I am a native of Washington, DC, born in the old Georgetown University Hospital.

I am the oldest of five children. My mom and dad are from Southern Maryland; my mom is a Hammett from Park Hall and Great Mills; my dad from Hollywood and Leonardtown.

From the age of five I grew up in Takoma on the DC side. We lived closest to Our Lady of Sorrow Church, but since they did not have a school at that time, we aligned ourselves with Nativity Parish. For high school, I attended Immaculate Conception Academy which was located at 8th & Q Streets. The J3 bus became an Express Bus two blocks after it picked me up and I could get to school in 18 minutes! However, starting in my sophomore year, the school moved way over to 24th & K Streets. Then it took me nearly an hour!

I met the Daughters of Charity at Immaculate and by my senior year I was convinced God wanted me to join them. I admired their friendliness, their joy, their service of people who lived in poverty and I felt called to that. When I became a member, the Daughters were still wearing the famous cornette. I wore that for five years. There was a beauty in that that will never be matched! But modern times called for a simpler habit. In 1964, 40,000 Daughters of Charity around the world put aside the winged cornette for a simpler habit!

For 43 years, I taught in elementary schools in Harrisburg, PA; Lynchburg, VA; Wheaton, MD; Fayetteville, NC; Rome, GA; SE Washington DC; and Emmitsburg, MD. After brain surgery in 1997, I found I did not have the stamina to go back into the classroom. The Community then asked me to go to our Villa in Emmitsburg to be with our sick and retired Sisters. This turned out to be the best joy I ever had! Many of my high school teachers were on my hall—payback time!!

When my mother's health began to decline, the Community sent me to Providence Hospital to be near her and to work at Carroll Manor. I was asked to be the Spiritual Moderator for the Ladies of Charity at Providence. This has been a blessed ministry for me. I have enjoyed it very much. And I know I will also enjoy my role as Sister Moderator for the Ladies of the Archdiocese of Washington. Together, we will continue to serve those in need.



« Le Seigneur de la Charité »
Toile attribuée à Sainte Louise de Marillac
(Maison-Mère des Filles de la Charité)

Sister Sandra shared with the Board, the picture on the left of the Sacred Heart of Jesus.

Eternal rest grant unto them, O Lord, And let perpetual light shine upon them. May they rest in peace. AMEN

IN LOVING MEMORY

Submitted by:

Toni K. Gaines, President
District of Columbia Parish Units

Mary Elizabeth Cobb
Holy Comforter/St. Cyprian Church
November 23, 1941 - May 12, 2014



Mary Cobb was a member of the Ladies of Charity at Holy Comforter/St. Cyprian Church for many years. To know Mary was to love her. She was a very kind loving person, always had a smile on her face. She was willing to help you anyway she could.

Her two favorite sayings were: "God will make a way, don't worry just pray," and "He is a miracle worker."

Mary loved music, going to church, and attending meetings. You could hear her humming her favorite tunes all the time. Mary will truly be missed by all who knew her.

Florence Clark Jones
St. Francis de Sales Church
September 25, 1917 – May 22, 2014



Florence Catherine Shelton Clark Jones passed away quietly on May 22, 2014 at the age of 96. She was predeceased by her first husband William Adolph Clark to whom she was married 48 years. From this union were born two daughters, Rose Thurston and Ruth Coward. In 1986, she married the late James C. Jones.

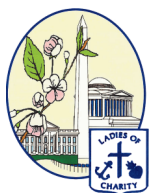
Florence was an educator graduating in 1934 from Bowie State Teachers College (Bowie Normal School). Her first teaching assignment was at Rosaryville Elementary School in Prince George's County. Also trained in nursing, Florence worked for a short time as a nurse at the Old Providence Hospital in Southeast Washington, DC. In 1960, she returned to teaching and joined the teaching staff at Our Lady of Perpetual Help Catholic School becoming its first lay teacher. Later, she went on to teach in the DC Public School System and retired in 1972 as a reading specialist.

Florence was a former member of Our Lady of Perpetual Help Catholic Church and in 1960 became a member of St. Francis de Sales Catholic Church. There she was a member of the Ladies of Charity and the Sodality. Also, she was a member of the Early Finance Committee and counted church money for 20 years until her sight began to fail.

Florence's faith in God and love for the Blessed Virgin Mary were at the core of her being while her love for her family knew no bounds. She was dearly loved and we will all greatly miss her love, wise counsel and many, many acts of care and kindness. May you rest in peace, our dear Lady of Charity.



GOD'S GARDEN
Some suffered and some did not,
but we know all are now beautiful
flowers in God's garden.
~author unknown~



Ladies of Charity
Archdiocese of Washington
5523 Center Avenue
Lanham, MD 20706

Calendar of Events 2014

August 2

Archdiocesan LOC Board Meeting
10:00 am Mass
Providence Hospital
(1st Floor Chapel)

August 11

District of Columbia Parish Units
“Cup of Joe” Project - Catholic Charities
10:00 am
SHARE Facility

August 16

Prince Georges Board Meeting
Residence of Rosemary Collier
10:00 am

September 11-13

LCUSA 14th Annual National Assembly
Milwaukee, Wisconsin

September 20

Prince George’s Communion Brunch
Saint Margaret of Scotland
Seat Pleasant, MD
10:00 am

October 12

District of Columbia LOC Quarterly Meeting
7:30 am Mass
St. Gabriel’s Church
Washington, DC

November 15

Archdiocesan LOC 1-Day Retreat
9:00 am – 4:00 pm
St. Joseph’s Seminary
Washington, DC

December 6

Archdiocesan LOC Board Meeting
10:00 am Mass
Providence Hospital
(1st Floor Chapel)

December 14

District of Columbia LOC Quarterly Meeting
10:00 am Mass
St. Benedict the Moor Church
Washington, DC

**DEADLINE TO SUBMIT ARTICLES FOR FEBRUARY
ARCHDIOCESE NEWSLETTER JANUARY 15
LOCADIOCESEOFWASHINGTON@YAHOO.COM**